



Pelham Press

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<http://pe.arps.org>



Dates to Remember:

Monday, October 10

Wednesday, October 12

Wednesday, October 12

Tuesday, October 18

Columbus Day- NO SCHOOL

Fine Arts Field Trip- Grades 1,3,4,5 & 6

School Committee- 6:30 p.m.- Community Room

Picture Day



Dear Pelham School Families,

Curriculum night was a resounding success! Pelham School thanks all of the parents who were able to make it to their children's classrooms to participate in the teacher presentations. It was an excellent turn out, and demonstrated the commitment of parents to being active members in our partnership in the education of these students. The days of preparation prior to the event were remarkable to observe as students and teachers focused on completing projects for display. The effort of the teachers, staff, and students to prepare for this important event was in evidence throughout the building.

Three Pelham School parents had expressed an interest in joining the Pelham School Council and parents were asked to take a vote at the Curriculum Night to indicate their choice. All three candidates were excellent choices, and it was a very close race! I am extremely pleased to announce that Trevor Baptise has been designated to be our new parent representative on the Pelham School Council. The other School Council representatives are Meg Gallagher, grade 3, Suzanne Quinlin, grade 5, and Ron Mannino, Pelham School volunteer and community representative member. Our first meeting will be on Wednesday, November 2 at 7:30 a.m. Minutes to these meetings will be posted on the Pelham School website once they are completed. Thank you all for your participation and input into this process.

Information for picture day on Tuesday, October 18 will be sent home at the end of next week. Please look for it in your student's backpack.

A big thank you to Ellen-Leuchs who organized and ran the annual Book Fair. She did a super job in recruiting volunteers and running an efficient program. Pelham School is so appreciative of this program as the funds directly benefit Pelham School in many ways.

Have a wonderful three day holiday weekend!

Sincerely,
Lisa Desjarlais

*******REMINDER: PELHAM SCHOOL IS A FRAGRANCE FREE ZONE*******

**We have several staff members who are allergic to fragrances.
Please refrain from using perfumes or heavily scented lotions or detergents.**

Dear Pelham families,

Last week the teddy bears from Vermont made their way all the way down 91 to the kindergarten classroom. They love Pelham School because it is such a safe and warm environment. They have been welcomed so lovingly by the kindergarten, first and second graders in the last four years.

In Lesley Koplow's book called "Creating Schools That Heal", she speaks of the Teddy Bear Curriculum. Initially it was offered in schools to help children who had experienced trauma. It was used in New York City schools after 9/11.

Teddy bears can be very useful to young children as comfort object and as an object that can enhance learning. The teddy bears are used in the same ways and in different ways within each grade. In each class, they are introduced in the context of a meeting. "Look who has come to our class... Some people have sent us these bears because they know that this is a safe place to be." Then we discuss the idea that the bears will live with them in the classroom all year and they will need ways to help the bears feel safe within the classroom environment. This supports the ideas of making their classroom a safe place and working hard to put these ideas into practice. The children often write in their journals about their bears and read books to their bears. Each child has the responsibility to choose a name for their bear and decide when the bear's birthday will be. Each child can make a bear book and write stories about the bears. We have had children make houses, wardrobes and vehicles for their bears. We have had children tell me that after we all go home, their bears have parties within the classrooms with disco balls. The bears have been members of our community for five years and the children reconnect with their bears each year through the second grade.

Most importantly, the teddy bears build empathy. The children begin to feel a responsibility to make Pelham a safe environment for their bears.

The bears are also available for rest time, free play, work time and meetings. Keeping the bears in school until the end of the year has diminished confusion and ensured that the children will always have the bears with them when they need them.

This is just one of the curriculums that we use in Pelham to support children's emotional well being. We also use curriculums called; Second Step, Steps to Respect and the Olweus Bullyproof program. Schools have the capacity to be healing, supportive environments where we set the stage for children to reach their best learning potential. Not only do we focus on academics in our school, but we focus on the relationships aspects of the classroom life. We want to create climates that enhance ways to ameliorate stress instead of exacerbating it.

If you have any questions, please feel free to contact me. You can also meet my bear Ella.

Thanks,
Deb King

Kindergarten News

The start of October has brought great excitement to the Kindergarten. We are finally feeling comfortable with each other and our classroom. We are really settling into the routines and expectations of our classroom. The enthusiasm and excitement of learning is growing rapidly!

We are beginning our science study of 'Fall', collecting fallen leaves from around our playground, making many Fall projects, and learning Fall songs and poems. Our favorite project was painting Fall trees, using sponges for the leaves.

Our math study has brought us to the second unit, Counting and Comparing. We will practice counting and connecting number words, numerals, and quantities. We will compare the length of objects and the quantities of different sets.

The letter of the week this week has been "f". It fits well into the study of Fall. One of our favorite songs has been "Five Little Speckled Frogs". We made frog puppets to help us with the song. Many "f" things have come in for our homework, including fire trucks, frogs, fleece jackets, and a jar full of Fall things from nature.

Our social studies unit on "Friendship" is helping us be aware of each other as individuals, and be respectful and caring of everyone. We are learning what it is to be a friend, and be there for each other.

What a great beginning to our year, Debbie Jacque

Mr. Lipman's Class

Umass Entomology Field Trip Our trip to the Entomology Department at Umass was a wonderful opportunity to learn more about insects. Anna and Roger, two graduate students showed us slides, displays and let us handle live insects from all over the world. We had a chance to ask many questions and to show our fledgling knowledge of insects. Anna said that no other school group knew as much about insects as we did and Roger said that we were the best behaved group that they had hosted. Hats off to your children!

After enjoying a snack in the Japanese garden behind Durfee Conservatory, Michael Formosi, the head horticulturalist, showed us many plants and led us through the many different climates represented inside the greenhouses.

Reading, Writing and Arithmetic You may have guessed that our integrated monarch butterfly unit has included the 3 R's but you may not know that your children have begun formal study in language arts and mathematics. Children have begun to learn new sight words, are writing in journals, and are accumulating books in plastic Ziploc book bags at their specific reading levels. These books are introduced and practiced, and have already started going home in homework folders for you to hear. Please call me right away if you have questions or problems with homework folders. In math, we have been doing lots of counting, graphing and data analysis as we have snuck into every classroom to find out how many students are there. We have waited until a class is off to lunch, recess or specials and then we snuck in to count things like desks, chairs, charts, mailboxes and cubbies. We then made an educated guess as to how many children were there and delivered that number of cookies as a "Thank You" for letting us snoop. The math program is both exciting and engaging as children experience concepts through real world problem solving and hands-on activities. Children also practice basic skills through practice sheets in their individual math packets.

Pizza My final sharing as "Star of the Week" was to cook with the children, something that I enjoy doing. I have always said that if a class of children can create a pizza together that is edible then we have the makings of a cohesive group that will be able to work cooperatively throughout the year. Well, the pizza went together flawlessly and some said that it was the best pizza they had ever tasted. I am pleased to step down as "Star" and will choose the first child star randomly from a hat.

Homework Today was the first day that homework folders came back to school to be emptied and then filled again with new books. The response has been very positive and the children are eager to bring more books home. It is important for this first homework experience to be successful so please read the letter in the homework folder carefully and call me right away if you have any questions or concerns. I would not want this experience to become a negative one since learning to read is fundamental to a child's success in school.

Parent Conferences Parent conferences will be coming up soon. This is an important time for us to share information about your child, which will help me to know him/her better and help you to know more about your child's social and academic success. Please contact me if you need to reschedule an appointment.



FEDERATION FOR CHILDREN
WITH SPECIAL NEEDS

BASIC RIGHTS in Special Education WORKSHOP

The Basic Rights workshop provides families with an introduction to their rights and responsibilities under:

- **Individuals with Disabilities Education Act (IDEA)**
- **Massachusetts Special Education Law and**
- **No Child Left Behind (NCLB).**

This workshop is designed to help parents learn to be effective partners with their child's school to decide their child's eligibility for special education, and to plan, make decisions and monitor their child's progress in school.

Date: Monday, October 24, 2011

**Location: Amherst Regional Middle School
Professional Development Center**

Time: 6:00 pm to 8:00 pm

Contact: Jennifer Ryan @ 413-362-1834

A presenter from the Federation for Children with Special Needs will conduct this workshop. Federation workshops are free to parents and open to the public. You are welcome to attend any workshop in or outside of your immediate community.

Please register in advance through your local contact person or phone the Federation's receptionist at **617-236-7210** or **800-331-0688 ext. 0** or go online at <http://fcsn.org/pti/workshops/home.php>

Come Join Us!

The Federation for Children with Special Needs, supported in part by grant #H328M040001 from the U.S. Department of Education, Office of Special Education Programs and the Massachusetts Department of Education.

Community Notes

My name is Liz Possee, and I'm the musical producer for the UMass Theatre Guild. We are UMass' only student-run theatre organization, and producer, build, and perform two shows a semester.

This fall semester we are doing the musical "Children of Eden," with music and lyrics by Stephen Schwartz. The show is based on the first nine chapters of the book of Genesis and includes the stories of Adam and Eve, Cain and Abel, and Noah and the Ark. The show is not religious however, and deals with family, love, and the consequences of the actions we make.

We would like to extend an invitation for some children to join our cast. **We are looking for two boys between the ages of seven and eleven to play the roles of Young Cain, and Young Abel.** They will have two songs and a couple of scenes. There is a chance that they will be in at least one more song.

The children will be needed at least once a week between Sunday and Thursday night. We will work around their schedule. However, they will be needed every night during the week of Sunday, November 6th. This date marks the start of Tech Week, wherein we will be running the show each night.

Opening night is November 10th at 8pm. The show dates are Thursday, November 10, Friday November 11th at 8pm, and Saturday November 12th at both 2pm and 8pm.

We are performing in Bowker Auditorium in Stockbridge Hall on the UMass campus.

If you have any questions, please call me at (603)-801-2241, or e-mail me at epossee@student.umass.edu.

-This is not a school sponsored event.-

Childcare for Early Release Days

Childcare for the two early release days, Oct. 27 and Nov. 1, is available from the end of school at 1:20 until 3:00 P.M. The cost for this session is \$6 per child per day. There is a discount for siblings and for families that qualify for free or reduced lunch.

There is also a 30-minute childcare option for students while their parents are in a conference. This cost is \$2.00 per child, and parents or guardians must be in the building. Sorry, preschoolers cannot be accommodated.



The Enchanted Forest: The Forest That Stinks! A Non-Scary Halloween Event for families. On Friday, October 14 and Saturday, October 15 from 5-8:30, the forest at the Hitchcock Center will come alive with creatures that stink – or at least use smell to survive! Adults and children of all ages will enjoy meeting these enchanting and magical characters as you are guided along pumpkin-lit trails. Walks leave every 15 minutes and last approximately 45 minutes. Inside the Center there will be simple crafts and games and an opportunity to visit with a fortune teller. Snacks and drinks will be on sale. Pre-registration required. Register early as this event fills fast. Call 413-256-6006.

Dear Family:

We are pleased to announce that PELHAM ELEMENTARY has selected Original Works to run a very special program at our school. Through the Original Works program, you have the opportunity to purchase a variety of products featuring your child's very own artwork. These high quality products offer a tremendous way to capture your child's artwork and share it with family and friends.

We hope you will take advantage of the opportunity to participate in this truly unique program. The funds raised from this program will be used for: the Pelham Elementary community. For further details, please see the product price list and ordering instructions below:

- 1) Completely fill out the enclosed ORDER FORM.
- 2) Make your check payable to: **Pelham PTO**
- 3) Place the ORDER FORM, PAYMENT and ARTWORK in the green biodegradable poly bag or in a separate envelope for safe transport back to the school.
- 4) Return the order to the school no later than: **November 10, 2011**

All artwork must be created on either 8" x 10 1/2" or 8 1/2" x 11" paper. Artwork should also have a "T" placed on the back in pencil to indicate TOP.

PRODUCT PRICE LIST

Ceramic Mug	\$14.25	2" x 3" color image on 11 oz. ceramic mug
Stainless Steel Water Bottle	\$22.50	Stainless Steel Water Bottle with 2 1/3" x 3" image.
Set of 2 Coasters	\$12.00	Set of (2) 4" hardboard coasters with full color image
Ceramic Tile/Trivet	\$18.50	6" x 8" Ceramic Tile with full color image
Desk Clock	\$15.00	3" x 4" Desk Clock with full color image
Wood Plate Mat	\$12.75	8" x 10 1/4" hard board with full color image.
Night Light	\$17.25	Night Light with 2 3/4" x 2 1/4" color image
Decorative Ornament	\$15.50	3" x 3 1/2" Decorative Ornament
Magnet	\$6.00	4" x 5" Magnet strong & durable
Set of (2) Key Chains	\$9.00	2 1/4" x 3 1/4" clear plastic w/ring
Set of (8) Notecards	\$12.75	5 1/4" x 4 1/4" full color image
Matted print	\$9.50	Full color 4 1/2" x 6" image
NEW! Travel Mug	\$12.00	16 oz Travel Mug
Sketchbook	\$12.00	Sketchbook with 8" x 10.5" color image
Journal	\$12.75	5" x 7" with full color image
Set of (2) Pocket Pads	\$5.25	Set of 2 Pocket Pads
Set of (2) Pot Holders	\$15.75	4" x 5" color image on 8" quilted pot-holders
Computer Mouse Pad	\$12.50	Full color image on 7" x 9" pad
Quilt Block	\$5.25	Color image on 7 1/2" x 9 1/2" cotton muslin
Pillow Case	\$14.25	10" x 13" color image on 29" x 20" pillow case
NEW! Bamboo Tote Bag	\$16.50	8" x 10" color image on 15" x 16" tote bag
Apron	\$18.50	8" x 10" color image on white apron
Garden/Decorative Flag	\$12.00	NEW & IMPROVED 12" x 14" nylon flag w/8" x 10" color image
T-Shirt (Adult/Youth)	\$16.75	NEW LOOK! 3 repeat images on white shirt
T-Shirt (Adult) 2X Large	\$22.75	NEW LOOK! 3 repeat images on white shirt
Office Package	\$36.75	Mouse Pad, Mug and Desk Clock
NEW! Writer's & Artist's Package	\$32.00	Package includes: Journal, Sketch book, and set of 8 note cards
NEW! Set of 24 Notecards	\$29.25	5 1/4" x 4 1/4" full color image
NEW! Set of (18) Art Trading Cards	\$7.50	Set of 18 Art Trading Cards
NEW! \$25 Original Works Gift Card	\$25.00	\$25 Original Works Gift Card good towards any Retail purchase.

For further information please contact:

Amy Wasserman - 413-253-4664 amy@cutnpaced.com

THE YOU KNOW

All products sourced by Whitsons contain Zero Trans Fats. The majority of the food sourced by Whitsons contain no MSG & no Artificial Flavors. Colors of preservatives, and we continue to work on this initiative. All milk and chicken products are hormone and antibiotic free. All meats, condiments and cheeses are all lean or low fat. All entrées contain between 500-600 mg of sodium. We offer whole grain pasta, rice and bread products.

LUNCH PRICES

Reimbursable Lunch Price: \$2.50
 Reduced Lunch Price: \$1.40
 Adult: \$2.25
 Milk/Chocolate Milk: \$1.40
 100% Juice: \$1.00

WEEKEND LUNCHEES AVAILABLE

10 Lunches \$25.00 20 Lunches \$50.00
 30 Lunches \$75.00 40 Lunches \$100.00

LUNCH INCLUDES

8oz Milk, 1/2 Milk or Juice, Fat Chocolate Milk / 100% Juice, Vegetable Choice, Fruit Choice

AVAILABLE ONLY

Whole Grain Bagelet, Butter or Low Fat Cream Cheese
 Hamburger & Jelly Sandwich (Serves Lunches 10-20), Vegetable Choice, Fruit Choice, Low Fat Milk & Low Fat Mozzarella Cheese

WHOLE WHEAT BREAD

French or roll - 1st FRYING or less
 Redneck-style bread - 1st Fry-1/2g or less

WE OFFER BREAKFAST DAILY

Can't get to school by the 8:30 breakfast deadline? No problem! Breakfasts 30, Adult on Call. **Cheese, Fruit, Juice and Milk available only.**

Monday - **Ham & Eggs**

Tuesday - **French Toast & Fruit**

Wednesday - **Whole Eggs w/ Cream Cheese**

Thursday - **Pancakes**

Friday - **Ham, Egg, Cheese Sandwich**

Y-vegetable & Ham/Steak & Fruit

- If you have a food allergy, please speak to your Food Service Director or Lead Server
- Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.
- Items is subject to change, please posted after available.

If you have any questions or would like additional information regarding this menu, contact your food service director. **Phone: 410-326-1630**



The Nutrition Safari shares a lesson on vitamins. Did you know that all the different foods you eat have different nutrient contents? It's best to eat a variety of foods to get the best mix of nutrients.

Pelham Elementary School

OCTOBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Nachos w/ Taco Meat, Cheese, Salsa & Sour Cream Carrot Sticks Rice	4 Cheeseburger, (V) Veggie Burger on a Whole Wheat Bun Green Beans	5 Hotdog on a Whole Wheat Roll Corn Fresh Apple	6 (V) Whole Wheat Pasta & Meatballs Fresh Green Romaine Salad	7 (V) Cheese Pizza Fresh Carrot/Celery Sticks
10 Columbus Day No School	11 Baked Potato Bar Taco Meat Cheese Salsa Whole Wheat Bread	12 Chicken Patty on a Whole Wheat Bun Baked Fries Fresh Apple	13 (V) Whole Wheat Macaroni & Cheese Green Peas Whole Wheat Dinner Roll	14 (V) Cheese Pizza Romaine Garden Salad w/ Fresh Veggies Fresh Apple
17 (V) Mozzarella Sticks Side Of Pasta w/ Marinara Sauce Seasoned Corn	18 (V) Whole Wheat Pasta & Meatballs Fresh Green Romaine Salad Apple Crisp	19 Soft Shell Beef (V) Bean Taco w/ Seasoned Meat, Cheese, Salsa & Sour Cream Cucumber Coles	20 Baked Chicken Fresh Zucchini Sticks Whole Wheat Bread Fresh Apple	21 (V) Cheese Pizza Fresh Carrot/Celery Sticks
24 Hotdog on a Whole Wheat Roll Baked Fries Fresh Apple	25 Hamburger, (V) Veggie Burger on a Whole Wheat Bun Green Beans	26 Search for Lunch (V) Whole Wheat French Toast Sticks Pork Sausage Patty Cinnamon Applesauce Potato Rounds	27 Chicken Nuggets w/ Dipping Sauce Green Peas Whole Wheat Bread	28 (V) Cheese Pizza Romaine Garden Salad w/ Fresh Veggies

31
Toasted Cheese Sandwich
Tomato Soup
Halloween Cookie

Have a SAFE Halloween!
 The fruit of the month is APPLES.

<p>Specialty Cakes NO PURCHASE NECESSARY Purchase in partnership through regional suppliers when seasonally available. Visit our website to see all flavors and items to help save for Halloween at www.Whitsons.com</p>	<p>Visit Our Virtual Classroom! Enter a line of our virtual color Dig and display meal components onto your tray and see additional information including allergens, nutrition facts, etc. www.Whitsons.com/Nutrition</p>	<p>Have Allergies to Gluten, Casein or Soy? Check out our 100% Fruit Bars after great tasting, 100% fruit bars help people with food sensitivities to be free. Items are available only in your cabinet! www.MJLifeFoods.com</p>
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