



# Pelham Press

Vol. 22, No. 14, December 9, 2011

<http://pe.arps.org>



**Dates to Remember:**

Friday, December 9

Pelham Spirit Wear orders due

December 26-January 2

Holiday Recess



Dear Pelham School Families,

The Pelham School PTO is looking for a parent volunteer to help manage the PTO sign for the school. This would involve changing the messages on the sign posted in front of the school a couple times a month. If you are willing and able to help out with this task, please contact Kristin Mattocks at [Kristinmattocks@yahoo.com](mailto:Kristinmattocks@yahoo.com)

The winter weather is upon us and it is quite frigid in the morning at before school recess. Please make sure your student is dressed appropriately for the weather. We have begun to notice that some students feel that a light jacket may be enough, but we find them shivering rather quickly and wanting to go inside. Hats, gloves, and mittens are important in keeping a small child warm.

Pelham School has an annual tradition of reaching out to Pelham School families in need and supporting them with warm clothing items for the winter months as well as toys for the holiday season. If you are willing and able to donate, please send cash into the office in an envelope marked for this purpose. Any amount will help! If you choose to remain anonymous, that will be honored as well. We do have several families who could really benefit from some help at this time of year. In addition, the Pelham Council on Aging has generously offered to contribute gifts of clothing and toys this year again. We appreciate all the efforts of staff, parents, and community members in making a difference in our students lives.

Have a great weekend!

Sincerely,

*Lisa Desjarlais*

## Mr. Lipman's Class

**"Festivals of Light"** Our new social studies unit has just begun and will examine many cultures that use light as part of their winter celebrations. Christmas around the world, Hanukkah, Divali (India), St. Lucia (Sweden), Loy Krathong (Thailand), and Kwanzaa (United States) are among the many holidays to be explored. I am especially excited to include our sixth grade reading buddies in viewing a Hanukkah film entitled "Zlateh the Goat" followed by the dreidle game. Hanukkah "gelt" (gold-wrapped chocolate coins) will be enjoyed by all.

**Math Investigations** – Our third unit of mathematics study, **Making Shapes and Designing Quilts** has just been completed and children enjoyed a rich variety of games, manipulatives and activities, which are research-based, and field-tested for success. Don't be surprised if your child knows about quadrilaterals, rhombuses and can read data charts. The following is a list of "Investigations" units taught during first grade:

### **What Would You Rather Be?**

Data Analysis

### **How Many of Each?**

Addition, Subtraction, and The Number System 1

### **Making Shapes and Designing Quilts**

2-D Geometry

### **Solving Story Problems**

Addition, Subtraction, and The Number System 2

### **Fish Lengths and Animal Jumps**

Measurement

### **Number Games and Crayon Puzzles**

Addition, Subtraction, and The Number System 3

### **Color, Shape, and Number Patterns**

Patterns and Functions

## *Second Grade News*

Second grade has rocked through November. Our unit study was learning about and experimenting with all types of rocks. We studied bigger rocks called pebbles down to the smallest rock called clay. We used what we learned about the properties of rocks (color, weight, luster, hardness, and texture) to describe our own special rock. And finally we looked at soil and learned a new word, humus, dead plants and animals. Last week we took an assessment over all that they learned and the children did a fantastic job.

In reading groups, we looked at nonfiction books on rocks and used the Table of Contents, Index, and Glossary to help us find information. We have also read various fiction books; working on comprehension skills. The children are learning to answer with a complete sentence and use part of the question in their responses.

In writing, we have been working on adding where and when expanders to our sentences to make them more interesting. We are applying this new skill to our small moment stories. We are taking an event that may only be a part of our day and turning this small moment into an interesting story by adding details, many small steps, talking and thinking words, and a good ending. .

Our math unit for November was Shapes, Blocks, and Symmetry. The children enjoyed the many hands on activities using 3-D blocks, pattern blocks, and tiles to create shapes and learn about their attributes. We have just completed this unit and are moving on to more strategies for addition and subtraction story problems. The children are also working on learning their facts. So far I have tested +0, +1, +2, the partners to make 10, and doubles. Almost everyone has passed these levels and those that haven't are only missing by two or three facts. Keep up the good work. Later this month I will test the doubles plus 1 facts.

Finally, I would like to thank all the parents for being so patient with conference scheduling. It has been enjoyable and insightful speaking with all of you; and I look forward to working with you as partners in your child's education.

Dear Pelham families,

The holidays are close...(again) and we all may feel slightly weary (again) as we gear up for the special days ahead.

Families may have many spoken and unspoken wishes for this time of year. However, within our community, there are some children who do not have as many resources as others. As a community, last year the parents, children and staff generously donated so that these families could enjoy their holidays as well.

**Once again, we are asking for donations so that our community can support those who have less. In advance, I would like to thank you for your continual generosity and concern for all Pelham families. If you are able to, you may simply place an envelope in Ms. Desjarlais mailbox or my mailbox.**

Thank you very much and I hope that all of your holidays bring you joy and special family time. Remember to BREATHE !

Deb King  
School Adjustment Counselor

**\*\*\*\*\*REMINDER: PELHAM SCHOOL IS A FRAGRANCE FREE ZONE\*\*\*\*\***

**We have several staff members who are allergic to fragrances.**

**Please refrain from using perfumes or heavily scented lotions or detergents.**

## Holiday Wish List

2011

### Would you like to make a teacher's wish come true?

Each year around holiday time, the PTO asks Pelham School teachers to create a list of items for their classrooms to enrich curriculum and enhance every child's learning experience. This is a wonderful way to show your appreciation to the staff in a way that will benefit all. Please contact your child's classroom teacher if you need more information regarding a specific item.

**Kindergarten:** White model magic, reward and seasonal stickers, paper plates and cups, music and story CDs, Clorox anywhere spray, tissue boxes, play dough and clay, glue sticks

**First Grade:** Gift card to Stop and Shop for kid and chinchilla snacks, Gift card to Dave's Soda and Pet Food City for chinchilla supplies, box of tissues, one touch stapler at Staples, the board game "Sorry," stapler [http://www.amazon.com/Stanley-Bostitch-Contemporary-Stapler-B2200BK/dp/B00006IFLI/ref=sr\\_1\\_1?ie=UTF8&qid=1322956503&sr=8-1](http://www.amazon.com/Stanley-Bostitch-Contemporary-Stapler-B2200BK/dp/B00006IFLI/ref=sr_1_1?ie=UTF8&qid=1322956503&sr=8-1)

**Second Grade:** Magnifying glasses, Bad Kitty books, Puppy place books, Digital timer

**Third Grade:** Unscented laundry detergent and softener to help out anyone who needs it, Crayola washable markers, Clear sheet protectors for 3 ring binders, Soft, unscented tissues, Non-perishable individual snacks, Gift card for snacks during MCAS

**Fourth Grade:** Wedge pencil top erasers, scotch tape, tissue, highlighters

**Fifth Grade:** Big Y and Target gift cards, good electric pencil sharpener, used books for book bag/library

**Sixth Grade:** granola bars, tissues, red pens, pencils, Stop & Shop/Big Y/Target gift cards for MCAS snacks and to buy supplies for plate tectonics/structure of earth lessons (we use food as models)

**Special Education, Ms. Davis:** plastic clocks (for classroom instruction), pencil top erasers, AA batteries, multiple copies (2-5) of grades 3-5 level chapter books, whiteboard markers and erasers

**Speech/Language, Ms. Servos:** Gift cards to Michael's, or stickers of a non-violent nature, boxes of tissues

**Nurse Paula:** Water Bottles – small, Ice Packs – reusable

## INTRODUCING PELHAM SCHOOL SPIRIT WEAR!

Dear parents,

On Wednesday, November 23<sup>rd</sup>, your child will receive a “Be a Buddy, Not a Bully” t-shirt, courtesy of the Pelham PTO. This is your child’s Pelham spirit wear shirt, and they are welcome to keep it and wear it to school assemblies, events, and around town!

Beginning this week, we will also be selling additional t-shirts and sweatshirts for adults and children, with the same “Be a Buddy, Not a Bully” logo. This is a Pelham PTO fundraiser, and a portion of the cost of the shirts will support the Pelham PTO. These items will make great holiday gifts for Pelham students, siblings, parents, grandparents, and other family members!!

The order form is below. Please submit your order to your child’s teacher **NO LATER THAN FRIDAY, DECEMBER 9<sup>th</sup>**. Examples of t-shirt and sweatshirt colors are located in the Pelham lunchroom (hanging on a bulletin board)

### PELHAM SCHOOL SPIRIT WEAR ORDER FORM

ITEM	NUMBER	COLOR		SIZE						
		LIME GREEN	CAROLINA (LIGHT) BLUE	S	M	L	XL	2XL	3XL	4XL
CHILD T-SHIRT (\$15.00)										
ADULT T-SHIRT (\$17.00)										
CHILD SWEATSHIRT (\$23.00)										
ADULT SWEATSHIRT (\$28.00)										
TOTAL COST										

**PLEASE MAKE CHECKS OUT TO PELHAM PTO. ORDERS WILL BE DELIVERED TO THE SCHOOL PRIOR TO THE DECEMBER HOLIDAY BREAK (DURING THE WEEK OF DECEMBER 19<sup>TH</sup>).**

**PARENT NAME:** \_\_\_\_\_

**CHILD/REN NAMES:** \_\_\_\_\_

**PHONE NUMBER IN CASE WE HAVE QUESTIONS ABOUT YOUR ORDER:** \_\_\_\_\_ **EMAIL ADDRESS FOR US TO NOTIFY YOU THAT ORDER HAS ARRIVED:** \_\_\_\_\_

# Winter Youth Classes



## Visual Arts

### Wearable Arts for Teens

Ages 14-18      Tuesdays 3:00-5:00 p.m.  
 Jan. 10-Feb. 14      Amherst Bangs Center, \$129

### Watercolor & Drawing

Ages 7-10      Thursdays, 4:00-5:30 p.m.  
 Jan. 12-Mar. 8      Amherst Bangs Center, \$136



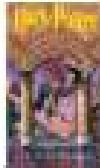
### Clay Animals, Creatures & Things

Ages 7-10      Tuesdays, 4:00-5:00 p.m.  
 Jan. 10-Mar. 6      Amherst Bangs Center, \$109

## Performing Arts Classes

### Wizards, Witches & Harry Potter

Grades 3-5      Wednesdays 4:45-6:15 p.m.  
 Jan. 18-Mar. 14      Amherst Bangs Center, \$139



### Youth Improvisation

Grades 6-8      Tuesdays, 4:00-5:30 p.m.  
 Jan. 17-Mar. 13      Amherst Bangs Center, \$119



### Fantabulous Fairy Tales

Grades K-3      Wednesdays 3:00-4:15 p.m.  
 Feb. 15-Apr. 4      Amherst Bangs Center, \$124



### ActSmart Improv Company

Grades 7-12      Thursdays 3:00-5:00 p.m.  
 Jan. 19-Mar. 15      Amherst Bangs Center, \$60

### Acting for Fun & Pleasure

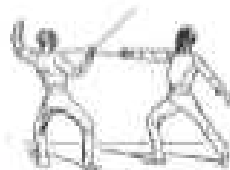
Ages 16-Adult      Tuesdays 6:00-7:30 p.m.  
 Jan. 31-Mar. 13      Amherst Bangs Center, \$99



## Instructional Classes

### Intro to Fencing

Ages 10-13      Wednesdays 2:30-4:00 p.m.  
 Jan. 11-Feb. 8      Amherst Bangs Center, \$125



### Driver's Ed

Session A:  
 Ages 15yr & 9 mos.      Tuesday-Saturday 9:00 a.m.-3:30 p.m.  
 Dec. 27-Dec.31      Amherst Bangs Center, \$300



### SAT Prep

Ages 15-18      Tues. & Thurs. 3:00-4:00 p.m.  
 Jan. 24-Feb.9      Amherst Bangs Center, \$135

Session B:  
 Ages 15yr & 9 mos.      Monday-Friday 9:00 a.m.-3:30 p.m.  
 Feb. 20-Feb. 24      Amherst Bangs Center, \$300

### Ebay for Beginners

Ages 13+      Wednesdays 7:00-8:30 p.m.  
 Jan. 11-Feb. 29      Amherst Bangs Center, \$159



### Microsoft Excel

Ages 13+      Wednesdays 5:30-7:00 p.m.  
 Jan. 11-Feb. 29      Amherst Bangs Center, \$159



### Raquetball

Ages 13+      Wednesdays 6:00-7:00 p.m.  
 Jan. 11-Feb. 15      UMass Mullins Center, \$104

For more information or to register visit [www.LSSE.org](http://www.LSSE.org) or call (413) 259-3065

These are not school sponsored programs.

*Financial Assistance Available*

# Amherst Youth Basketball League



Jamboree—Dec. 17th

Regular Season begins Saturday, January 7, 2012!

## COED League

Grades: K-2: Meets at Fort River and Wildwood Schools on Saturdays or Sundays (able to request which day is preferred). Players in this division PRACTICE but play NO FORMAL GAMES. 2nd grade players ready for games may be eligible to play in 3/4 division.

## Fees

Grades K-2: \$99

Grades 3-12: \$129

\*Fee reductions up to 50% available for qualified families.

## Boys' Divisions

Grades 3 & 4 : Sunday afternoons @ Wildwood/Fort River

Grades 5 & 6 : Saturdays mornings @ Middle School

Grades 7 & 8 : Saturday evenings @ Middle School

Grades 9-12: Saturday evenings @ High School

## Girls' Divisions

Grades 3 & 4: Sundays afternoons @ Wildwood

Grades 5 & 6: Saturday midday @ Middle School

Grades 7-11: Saturday afternoons @ Middle School

**IT'S NOT TOO  
LATE TO  
REGISTER!**

For more information or to register please log on to [www.lsse.org](http://www.lsse.org) or call 259-3065.

Presented By:

EVERY SEASON STARTS AT



TOWN OF AMHERST



**LSSE**

Leisure Services and  
Supplemental Education

*This is not a school sponsored event.*



**DID YOU KNOW...**

All products sourced by Whitsons contain Zero Trans Fats. ●The majority of the food sourced by Whitsons contain; No HFCS & No Artificial Flavors, Colors or Sweeteners, and we continue to work on this initiative. ●All milk and chicken products are hormone and antibiotic free. ●Meats, condiments and cheeses are all lean or low fat. ●All entrees contain between 500-900 mg of sodium. ●We offer whole grain pastas, rice and bread products.

**LUNCH PRICES**

Reimbursable Lunch Price	\$2.50
Reduced Lunch Price	\$4.00
Adult	\$3.25
Milk/Chocolate Milk	\$4.00
100% Juice	\$5.00

**PREPAID LUNCHESES AVAILABLE**

10 Lunches=\$25.00 20 Lunches=\$50.00  
30 Lunches=\$75.00 40 Lunches=\$100.00

**LUNCH INCLUDES**

Skim Milk, 1% Milk or Low Fat Chocolate Milk / 100% Juice/ Vegetable Choice/ Fruit Choice

**AVAILABLE DAILY**

Whole Grain Bagel w/Butter or Low Fat Cream Cheese / Sunbutter & Jelly Sandwich / Above Lunches Include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

**SENSIBLE SNACKS CONTAIN**

Fat=7g or less - Sat Fat=2g or less  
Sodium=360mg or less - Sugar=15g or less

**WE OFFER BREAKFAST DAILY**

Don't forget to stop by the cafe for breakfast  
Breakfast-\$1.50, Reduced Breakfast-\$1.00, Adult-\$1.00  
Cereal, fruit, juice and milk available daily

Monday- Warm Muffin

Tuesday- French Toast Sticks

Wednesday- Wheat Bagel w/ Cream Cheese

Thursday- Pancakes

Friday- Ham, Egg, Cheese Sandwich

V =vegetarian ● =healthier choice ● P=pork

● If you have a food allergy, please speak to your Food Service Director or Lead Server.

● Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

● Menu is subject to change, notice posted when available.

● If you have any questions or would like additional information regarding this menu, contact your food service director *Rebecca Treiley* 413-362-1633.



Celebrate Heidi's Happy Dairy Days all month long. Did you know that delightful dairy products help keep your bones strong? Just remember to try and select the low fat kind for the best results.

Pelham Elementary School

**DECEMBER 2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>HAPPY HOLIDAYS!</b> The veggie of the month is <b>CARROTS.</b></p>			<p><b>1</b> Whole Wheat Rotini w or w/o Meatballs Green Beans Whole Wheat Dinner Roll</p>	<p><b>2</b> Heidi's Happy Dairy Days (V) Cheese Pizza Fresh Green Salad Yogurt</p>
<p><b>5</b> Hotdog on a Whole Wheat Roll Steamed Carrots Fresh Apple</p>	<p><b>6</b> Brunch for Lunch (V) Whole Wheat French Toast Sticks Pork Sausage Patty Cinnamon Applesauce Potato Rounds</p>	<p><b>7</b> Baked Chicken Tossed Green Romaine Salad Green Beans</p>	<p><b>8</b> (V) Toasted Cheese Sandwich on Whole Wheat Bread Tomato Soup</p>	<p><b>9</b> (V) Cheese Pizza Fresh Carrot/Celery Sticks</p>
<p><b>12</b> Chicken Patty on a Whole Wheat Bun Baked Fries</p>	<p><b>13</b> (V) Mozzarella Sticks Side Of Pasta w/ Marinara Sauce Corn</p>	<p><b>14</b> Soft Shell Beef/ (V) Bean Taco w/ Seasoned Meat, Cheese, Salsa &amp; Sour Cream Cucumber Coins</p>	<p><b>15</b> (V) Whole Wheat Macaroni &amp; Cheese Green Peas Whole Wheat Dinner Roll</p>	<p><b>16</b> (V) Cheese Pizza Fresh Green Salad</p>
<p><b>19</b> Chicken Nuggets w/ Dipping Sauce Steamed Carrots Whole Wheat Bread</p>	<p><b>20</b> Crispy Nachos with Seasoned Beef, Cheese &amp; Salsa Corn</p>	<p><b>21</b> Cheeseburger, (V) Veggie Burger on a Whole Wheat Bun Green Beans</p>	<p><b>22</b> Holiday Joy Dinner Turkey/Gravy Mashed Potatoes Peas/Squash Cranberry Sauce Fruit Dessert</p>	<p><b>23</b> (V) Cheese Pizza Fresh Carrot/Celery Sticks</p>
<p><b>26</b> Holiday Break</p>	<p><b>27</b> Holiday Break</p>	<p><b>28</b> Holiday Break</p>	<p><b>29</b> Holiday Break</p>	<p><b>30</b> Holiday Break</p>



**WE PURCHASE LOCALLY!**

Produce is purchased through regional suppliers when seasonally available. Visit our website to see all that we are doing to help save the environment! [www.Whitsons.com](http://www.Whitsons.com)



**Visit Our Virtual Cafeteria!**

Take a tour of our virtual cafe! Drag and drop meal components onto your tray and see nutritional information including: allergens, nutrition facts, etc. [www.Whitsons.com/Nutrition](http://www.Whitsons.com/Nutrition)



**Have Allergies to Gluten, Casein or Soy?**

Check out NuLife Foods! They offer great tasting, GFCSF foods that help people with food sensitivities to be free. Items are available right in your cafeteria! [www.NuLifeFoods.com](http://www.NuLifeFoods.com)