



# Pelham Press

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### **Dates to Remember:**

Wednesday, January 25  
 Friday, January 27  
 Wednesday, February 1  
 Wednesday, February 1  
 Friday, February 3  
 Wednesday, February 8  
 Friday, February 10

Savings Makes Sense-before school  
 No School- Elementary Teacher Workday  
 Band, Orchestra, and Chorus Performance- 9:15 a.m, 7 p.m  
 Savings Makes Sense- before school  
 Report Cards to be sent home  
 Savings Makes Sense-before school  
**VALENTINE'S DAY DANCE**



Dear Pelham School Families,

Students and staff were mesmerized by an entertaining and energizing performance by the UMass University Dancers this past Thursday. This performance represented the cross-discipline training of the UMass Dance Program/Five College Dance Department, and we were treated to a variety of dances which included elements of ballet, modern, jazz, African, Hip-Hop, and improvisation fused together in a modernist aesthetic. Students enthusiastically became part of the performance in several places and it was wonderful to see parents and community members joining us as well. Many of the students and staff did remember to wear their Pelham t-shirts, so thank you to those parents who helped them to contribute to our sense of school community! We celebrate dance as an art form that we aspire to expose our students to as well as to inspire them to bring rhythm, dance, and movement to their own lives.

Just a reminder that there is **NO SCHOOL** this coming Friday, January 27. This is a designated Elementary Teacher Workday. Lennie Ware is offering child-care services that day to parents who may be interested in having students attend her program for the day. Please see the following message for more information on how to sign up for this service.

Sincerely,

*Lisa Desjarlais*

### FRIDAY ALL-DAY CARE

On Friday, January 27, there is no school due to a teacher workday. I am running an all day childcare session at the school from 8:30 until 3:30. The cost is \$25 if registered by Jan.23. (Late sign ups are \$30.) There is an option of early drop off or late pick up for an additional cost. We offer sibling discounts and also fee reductions for qualifying families. Two snacks will be provided, but students need to bring a lunch from home. Please let me know if you are interested, **as pre-registration is required.**

Lennie Ware @ 265-3766

## Mr. Lipman's Class

**Report Cards** Your child's first Pelham School report card will be coming home soon! I hope I have accurately reported your child's performance in school and have left you with a positive impression.

Report cards in first grade are **not** written for first graders to read. They are intended as reports to parents and, as such, should not be shared directly with your child. You may want to talk to your child, in general terms, about how school is going. You might say, "Mr. Lipman thinks you are becoming a great reader!" or, "Mr. Lipman thinks you listen carefully in school!" Every child should view themselves as competent and successful learners with areas to grow and it is our job to build self-esteem. When we feel good about ourselves we are most ready to take on new challenges. I want to see smiles only and no tears! Your love and approval means the world to your child.

I try to follow a 3-to-1 rule when giving feedback and I hope you will too if you talk to your child about the report card. The 3 to 1 rule is... three positive comments **before** 1 area of improvement. It's much easier to think about ways to improve **after** hearing about the many things that are going well. Our brains shut down to negatives and open up to positives. So, please stay positive even when there may be some difficult issues to face. Call me right away if you have questions or concerns about the report card.

**Sneetches** We played a game called "Sneetches" after hearing the book "Sneetches" by Dr. Seuss. In this story, some creatures called "Sneetches" have stars on their bellies and other "Sneetches" have none. The "Plain Belly Sneetches" are left out and treated unfairly. A profiteer and cynic named Sylvester McMonkey McBean arrives with a "star on/star off" machine and starts charging "Plain Belly Sneetches" \$3 "eaches" to have stars applied to their bellies. The "Star Belly Sneetches" then want their stars removed because they are no longer special, so they pay McBean \$10 "eaches" to have their stars taken off. By the end of the story all the "Sneetches" are out of money and are so mixed up that they no longer can differentiate "Star Belly Sneetches" from "Plain Belly Sneetches." They realize the foolishness of their ways and learn to work together.

First graders made stars to wear on their bellies and took turns having privileges like choosing activities areas first, sitting in chairs and lining up first. Some feelings were hurt and lots of discussion followed as we processed the game. We discussed how this game relates to skin color and concluded that it is not what's on the outside but what's on the inside that matters.

Throughout the year we will revisit this theme and children will have varied opportunities to explore racism. Please contact me if you have any questions, concerns, or comments.

# *Second Grade News*

*Where in the world is Second Grade? Just ask any second grader and s/he will be able to tell you.* We are learning about the seven continents. During our unit we will learn the difference between continents and countries, the location of each continent and ocean, and watched a slide show over each continent to get an idea of some of the culture and life there. Last week we did a virtual tour of Africa, made drums to help us remember the importance of music in their cultures, and used our drums as we listened to some songs from Africa. This week we studied Asia and Australia. As we study each continent we do an art project that represented one piece of its culture. Please stop by during the next month and view all the wonderful things the children are making.

Here are the big ideas I want the children to come away with. Please help reinforce these concepts at home.

- The children must be able to correctly label the 7 continents and 4 oceans on a map.
- Know on which continents are the Alps, Himalayan, Rockies, Andes Mountains and Great Dividing Range.
- Know on which continents are the Nile, Mississippi, Amazon, Volga, and Yangtze Rivers.

In math, we have been working on strategies to learn our addition facts. I have individually tested children over the plus 1's, 2's, doubles, doubles plus one and facts that add to 10. The children should be studying their combination cards every night. Next week I will finish testing these facts. We have just finished our unit over adding and subtracting 2 digit numbers using number expansion, finding out why a number is even or odd, and understanding the place value. Last week we took a mid-year assessment. Next we are moving on to data collection and graphing.

The children's growth in writing abilities has been fun to see. We are now adding where, how, and when expanders to our sentences. We worked on organization of a story, sticking to the topic, and adding many steps. The children wrote fractured fairy tales that were quite humorous. Our focus is always on using complete sentences, capital letters and periods.

Our reading lessons continue to be very individualized. Students are learning letter-sound patterns during Word Wall and in small groups. Children are working on comprehension by finding the main events in a story and summarizing each event into their own words. They are creating mini books after reading stories about the time of slavery. Next we will read some stories about life of Chinese Americans and the Chinese New Year. This ties nicely into our study of Asia as well as helps us get ready to celebrate the Chinese New Year on January 23.



Dear Parents,

Several Pelham School Teachers have formed a bowling team (The Pelham Penguins), which, once a year, raises money for Big Brothers Big Sister of Hampshire County. This annual event, The Bowl-A-Thon, takes place this year on Saturday, March 3 and Sunday, March 4. It includes dozens of teams that raise almost \$60,000 to support mentoring for children in Hampshire County, many of whom attend school in the Amherst-Pelham District.

Please think about forming a team or sponsoring our team of Pelham School teachers in this effort to support Big Brothers Big Sisters of Hampshire County. Sponsorship checks can be made out to Big Brothers Big Sisters of Hampshire County and sent to the Pelham School office by February 28.

Thank You,  
"The Pelham Penguins"

Lisa Desjarlais, Meg Gallagher, Leanne Hasbouck, Bridgette Hasbrouck, Deb King, Paul Lipman, Paula Russel, Janet Scott, and Lennie Ware

## **Pelham Public Library News**

There are lots of wonderful programs coming up at the Library in the next few weeks. All events are FREE.  
**Please come and join us!**

**Upcoming concerts:** The October Storm Jazz Quintet will perform at our monthly Tea on Saturday, January 28 at 12:00 Noon.

**Chess Club** will be held on Wednesday afternoons, January 18-February 15 from 2-3 pm. There is a 12 person limit. Call or drop by to sign up. Questions? Contact Andy Morris Friedman at [morrisfri@aol.com](mailto:morrisfri@aol.com)

**Learn to Knit** with Annie Foley! This parent-child group will meet on Monday evenings, January 23-February 13 from 5:30-6:30. Attendance is limited. Please call or drop by to register. Materials will be available for purchase at the first class.

Have a little one at home? **Music for Little Ones** with Wendy Plummer resumes Monday, January 23 at 10:30. Children's Story Hour continues weekly on Fridays at 10:30.

Interested in volunteering? We can always use an extra set of hands around the Library. Teens and older children are welcome, too!

We wish you all wonderful things in the coming year.

Sincerely,

Jodi Levine, Interim Director, and the staff of the Pelham Library



**SAVE THE DATE:  
Valentine's Dance Party and Silent Auction.**

The Pelham PTO invites you and your family to join us for a fun-filled night of dancing in celebration of Valentine's Day!

Friday February 10th, 2011

6:30 - 9:30

Pelham Elementary School Gymnasium

Our theme this year is:

The 80's

Come dressed to enjoy an evening of dancing in your best

80's attire\*

(optional, of course)

DJ/Dancing/Music for All Ages

Special Requests/Annual Limbo Contest

**New this year: Silent Auction**

Pizza by the Slice/Baked Goods

Juice/Water/Coffee

For more information contact:

Tracy Farnham @ 256-4143/531-7641/[tgfarnham@gmail.com](mailto:tgfarnham@gmail.com)

Please contact me at the above number if you can contribute baked goods or other items to the silent auction.

**Please Note:**

**This is not a drop-off event.**

**All children must be supervised by a designated adult.**

**Themed attire ideas:**

Not sure what to wear to an 80's themed dance party? This is your guide! The key to achieving the 80s look, regardless of the specific costume/outfit you choose, is excess. It was, after all, the decade of excess - the me decade, the greed decade. So don't skimp--go for it. Add the extra layer of blush or blue eyeliner, go for another spray with the Aqua Net, and pile on another couple of bracelets. Moderation is for other decades - there are no points for class, subtly or understatement. The 80's look is about color, volume, and abundance. No matter what you choose, do it with flourish and abandonment. Choose from the 80's costume party ideas below or use them as inspiration and develop your own. And remember nothing says 80s like good 80s hair—the bigger the better!

Here are some ideas from movies and TV shows from that time:

**Karate Kid**

**Michael Jackson**

**Boy George**

**Breakdancer**

**Axl Rose**

**Devo (great as a group costume too!)**

**Flock of Seagulls**

**Wham!**

**Miami Vice**

**Preppie/Yuppie/Val Dude**

**Brat Pack Movies**

**Ferris Bueller's Day Off**

**Danny Noonan (Caddyshack)**

**Lane Meyer (Better Off Dead)**

**Vince Neil of Mötley Crüe**

**Ronald Reagan**

**Marty McFly (Back to the Future)**

**Bluto (Animal House)**

**Stiles (Teen Wolf)**



Join the Nutrition Safari this month with their exercise "touchdown" plan. They are eating top energy boosting foods like: oatmeal, lentils, bananas, lean beef, almonds and yogurt in order to perform their best.

Pelham Elementary School

**JANUARY 2012**

**DID YOU KNOW...**

All products sourced by Whitsons contain Zero Trans Fats. ● The majority of the food sourced by Whitsons contain; No HFCS & No Artificial Flavors, Colors or Sweeteners, and we continue to work on this initiative. ● All milk and chicken products are hormone and antibiotic free. ● Meals, condiments and cheeses are all lean or low fat. ● All entrees contain between 500-900 mg of sodium. ● We offer whole grain pastas, rice and bread products.

**LUNCH PRICES**

Reimbursable Lunch Price	\$2.50
Reduced Lunch Price	\$4.00
Adult	\$3.25
Milk/Chocolate Milk	\$4.00
100% Juice	\$5.00

**PREPAID LUNCHESES AVAILABLE**

10 Lunches-\$25.00 20 Lunches-\$50.00  
30 Lunches-\$75.00 40 Lunches-\$100.00

**LUNCH INCLUDES**

Skim Milk, 1% Milk or Low Fat Chocolate Milk / 100% Juice/ Vegetable Choice/ Fruit Choice

**AVAILABLE DAILY**

Whole Grain Bagel w/Butter or Low Fat Cream Cheese / Sunbutter & Jelly Sandwich / Above Lunches Include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

**HEALTHY SNACKS CONTAIN**

Fat-7g or less - Sat Fat-2g or less  
Sodium-360mg or less - Sugar-15g or less

**WE OFFER BREAKFAST DAILY**

Don't forget to stop by the cafe for breakfast  
Breakfast-\$1.00, Reduced Breakfast-\$0.50, Adult-\$1.00  
Cereal, fruit, juice and milk available daily

Monday- Warm Muffin  
Tuesday- French Toast Sticks  
Wednesday- Wheat Bagel w/ Cream Cheese  
Thursday- Pancakes

Friday- Ham, Egg, Cheese Sandwich  
V=vegetarian ● =healthier choice ● P=pork

● If you have a food allergy, please speak to your Food Service Director or Lead Server.  
● Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

● Menu is subject to change, notice posted when available.

● If you have any questions or would like additional information regarding this menu, contact your food service director **Rebecca Tinley 413-302-1839**.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HAPPY NEW YEAR NO SCHOOL	3 Hot Dog on a Whole Wheat Bun ● Steamed Carrots Applesauce	4 ● Fish Sandwich on a Whole Wheat Bun Baked Fries Strawberry Cup	5 ● Crispy Beef or Bean Tacos Green Beans Fresh Fruit	6 Cheese Pizza ● Fresh Veggie Sticks w/ Dip
9 Cheeseburger, or Veggie Burger on a Bun ● 3 Bean Salad	10 ● Chicken Nuggets ● Steamed Rice ● Corn Cobettes	11 ● Macaroni and Beef Bake ● Fresh Cauliflower w/ Ranch Dip Cinnamon Apples	12 ● Toasted Cheese Sandwich w/ Tomato Soup ● Fresh Fruit	13 ● Cheese Pizza ● Fresh Garden Salad
16 MARTIN LUTHER KING JR. DAY NO SCHOOL	17 ● Chicken Patty on a Whole Wheat Bun ● Fresh Cauliflower w/ Dip ● Fresh Orange	18 ● Homemade Macaroni & Cheese ● Steamed Peas ● Whole Wheat Dinner Roll	19 ● Beef Nachos with Cheese, Salsa, Brown Rice ● Corn	20 ● Cheese Pizza ● Carrot Sticks w/ Ranch Dressing
23 Pasta with Meatsauce or Plain ● Fresh Garden Salad ● Garlic Bread	24 ● Chicken and Cheese Quesadilla ● Corn ● Steamed Rice	25 <b>BRUNCH FOR LUNCH</b> ● French Toast Sticks w/ Sausage (P) Applesauce Baked Tator Tots	26 ● Cheese Pizza ● Fresh Garden Salad	27 TEACHER WORKSHOP DAY NO SCHOOL PRE K- 8
30 Mozzarella Sticks w/ Sauce ● Steamed Carrots Mixed Fruit Cup	31 <b>SUPERBOWL PARTY</b> ● Hamburger Sliders ● Salsa/Chips ● Carrots w/ Ranch Dip ● Pudding Parfaits			

**Greenleaf Cuisine WE PURCHASE LOCALLY!**  
Produce is purchased through regional suppliers when seasonally available. Visit our website to see all that we are doing to be p save the environment! [www.Whitsons.com](http://www.Whitsons.com)

**Visit Our Virtual Cafeteria!**  
Take a tour of our virtual cafe! Drop and shop meal recommendations for you and your nutritional information including, allergens, nutrition facts, etc. [www.Whitsons.com/Nutrition](http://www.Whitsons.com/Nutrition)

**Have Allergies to Gluten, Casein or Soy?**  
Check out Nutri-Food! They offer great tasting, GFCF/FF products that help people with food sensitivities to live free. Items are available right in your cafeteria! [www.NutriFoods.com](http://www.NutriFoods.com)