



# Pelham Press

Vol. 22, No. 24, March 9, 2012

<http://pe.arps.org>



### **Dates to Remember:**

Wednesday, March 14	Savings Makes Sense- before school
Tuesday, March 20- April 2	English Language Arts MCAS
Wednesday, March 21	Savings Makes Sense-before school
Wednesday, March 21	Grade 6 Orientation- ARMS- 7:00-9:00
Thursday, March 22	Hillside Pizza Orders DUE!!
Wednesday, March 28	Savings Makes Sense-before school
Friday, March 30	After-School Play- 7:00 p.m.
Monday, April 3	PTO Meeting- 6:00 p.m.



Dear Pelham School Families,

We were absolutely astounded with the high return rate of the Core Value Survey! After tallying the results from families, staff, and upper elementary students, these are the top ten values that emerged:

***Respect, Honesty, Responsibility, Safety, Teamwork, Academic Excellence, Doing/Trying your best, Fairness, Empathy, and A Caring Community.***

The school-based PBIS Team (Positive Behavioral Intervention and Supports) will work on this information to come up with an acronym which best captures what we will focus on at Pelham School to foster and support a positive school environment.

There has been some confusion over the new start time in the morning, and we have been experiencing some technical difficulties in getting the bell to ring at the new 8:35 time. Until this is resolved, we will be using an “old school” bell that will be rung manually. Please note that any student will be marked tardy after 8:40 in the morning.

Pelham School needs you!! The Pelham School Committee is expanding from 3 members to 5, and is looking for additional people who are willing to serve. This is your opportunity to become involved in your school community at a different level. Anyone who is interested can pick up nomination papers from the Town Clerk, Kathy Martell, or simply notify the Town Clerk and attend the Town Caucus. The Caucus will be held on Monday, March 27<sup>th</sup> at 7PM in the Ramsdell Room at the Library.

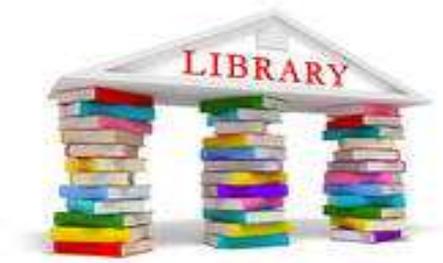
**Please remind children NOT to climb on the sneaker sculpture outside.** This is a piece of art work and not a climbing structure. It is somewhat fragile and a student accidentally punctured a hole in it while climbing on it. We will be making a sign soon to post on it to remind children not to climb it, but in the meantime, we need your help to monitor it and keep it preserved.

MCAS testing begins on Tuesday, March 20 and runs through Monday, April 2. The calendar for both the Spring ELA and Math/Science and Technology calendar is included in this newsletter. If you absolutely must make appointments for your child during the school day, please avoid the specific dates for the testing sessions in grades 3-6.

Remember to turn your clocks back this weekend! The longer days are an encouraging sign of the warmer weather to come.

Sincerely,  
*Lisa Desjarlais*

# Pelham Public Library News



## News from the Pelham Public Library

We hope everyone had a good vacation! We've been busy here at the Library, cataloging new books and DVDs and planning new programs for you. We received exciting news this week--our library has been chosen as a recipient of a grant from the Libri Foundation, a group which helps small rural libraries acquire children's materials. They will be matching our community's contributions 3:1 up to \$350. That means if we raise \$350 they will provide us with \$1050 worth of children's books. What a great deal for our Library, especially in these times of tight budgets! If you're interested in helping out with a donation of any size please make a check out to the Pelham Library and write Libri Grant on the memo line. Any amount you can contribute would be most appreciated.

Our Library Tea was great fun. Thanks to all who came. We'll be hosting a classical music concert on Sunday, March 11 at 2:00 p.m. Nigel Coxe will perform on the piano in honor of Alberta Booth, a dear friend of the library who passed away this winter. All are welcome. If you haven't yet seen the bulletin board created by Lennie and the After School kids, make sure to come and take a look. They did a beautiful job! A special thanks also to the kids who have offered to help out at the library. We welcome volunteers of all ages (with parent help, of course).

Snow days are always a reminder to make sure you have enough books on hand. There's nothing like curling up with a good story on a cold, grey day. Stop by the library and see what we have to offer.

Jodi Levine, Interim Director and the staff of the Pelham Library

## **FROM VALLEY TO RESERVOIR: QUABBIN'S INTRIGUING HISTORY**

The Pelham Historical Society will meet at 7:00 p.m. on Monday, March 19, in the Community Center Ramsdell Room, South Valley Road, Pelham. Following the meeting, Clif Read, Supervisor of Interpretive Services for the Massachusetts Department of Conservation and Recreation, will talk and show slides, combining information on the history of the metropolitan Boston water supply and the history of the Swift River Valley with a particular focus on Pelham.

The public is invited to attend. For information, call Linda Campbell Hanscom at 323-7377.

## Parent/Guardian Night

The Amherst-Pelham Regional Schools  
in partnership with the  
Northwestern District Attorney's Office  
invite you to the second session of the  
"Let's Talk" series.

**INTERNET SAFETY and  
CYBERBULLING:**  
What Every Parent/Guardian  
Must Know to Keep Children Safe

*March 13, 2012*

*7-8:30pm*

*Amherst Regional Middle School  
Library*

For information please contact Mildred Martinez  
martinezml@arps.org or 413 362-1871

Let's Talk Series

# Lasagna Dinner

March 6, 2012

Dear Pelham 5<sup>th</sup> and 6<sup>th</sup> Grade Parents:

**The long anticipated LASAGNA DINNER is scheduled for Friday, May 6<sup>th</sup>!**

The Lasagna Dinner is a wonderful community event and an important fundraiser. The kids look forward to being “servers” for the evening, parents get a much needed break from cooking, and we raise money for the 6<sup>th</sup> grade’s Nature Classroom trip in June.

Fifth and sixth grade students serve lasagna, salad, bread, dessert and drinks. It is great fun for everyone. We really do need everyone to participate to make this a success. Here is how you can help.

- Let us know by **March 15** what you can bring ([see form attached or email Debbie McLean mclean.debbie@gmail.com](#))
- Volunteer to make food and donate cash for supplies. We will need:
  - 14 lasagnas: 8 meat and 6 cheese. We would like the lasagnas to be in aluminum foil pans and have a minimum 12 pieces per pan. They will need to come to school fully heated and we’ll keep them warm in the warmer at school.
  - 4 lbs. of buttered noodles and parmesan noodles (combined amount)
  - 9 brownie dish donations.
  - 4 apple crisps
  - 11 ½ gallons of vanilla ice cream
  - Cash donations to contribute to a Costco or BJ’s run for the following:
    - 9 salads and 5 large bottles of dressings
    - 200 plates, cups and small plates, as well as sets of utensils and napkins
  - lemonade
- Serve on set up and clean up teams.
- Spread the word and bring family, friends and colleagues. Our goal is to serve 150. (More information about tickets will appear in the Pelham Press.)

We ask that everyone pitch in as much as possible. Please email or call ([mclean.debbie@gmail.com](mailto:mclean.debbie@gmail.com)) or 413 835 5622 by March 15 with your anticipated contribution.

**Also, I would love to have several people join me in organizing the evening. Many hands make light work. I promise it will be fun and manageable! Let’s help make it a great evening for everyone.**

Thanks!

Debbie McLean (Carlyn McLean O’Leary’s mom)

## Mr. Lipman's Class

Families and Folk Tales - We are just beginning our Families and Folk Tales unit and will start to look at our families' countries of origin. It is very important that you return the family questionnaire that was sent home before vacation because the information you send back will be used in our studies. Folk Tales from other countries will help to provide some windows of appreciation into different cultures

"Secret Friend Valentines" - Our Valentines Day celebration was a great success with children trying to guess who their secret friends were. The secrets were revealed at our Valentines party where special Valentines were exchanged. These Valentines contained positive statements about each child, which were prepared by the entire class and each secret friend. A fabulous party followed this presentation and was in turn followed by our whole class exchange of Valentines. I hope we left for our February vacation with warm feelings of friendship for each other.

New Reading Groups - With the arrival our new intern, Ms. MacDonald, we have formed new instructional groups which will continue to work on basic reading skills along with several exciting projects including plays, art projects, and games. It is wonderful to see how much fun the children are having while their reading levels climb to new heights. Thank you once again for all of the reading support you provide at home. It really makes a difference!

Homework - My library of first grade homework books will become depleted at the higher levels as many children have transitioned into second grade readers and beginning chapter books. Please feel free to explore your own libraries at home for books of appropriate ability and interest that children may want to substitute for books sent from school. You may record these titles in the homework folders to keep me informed.

Paul Lipman

## *Second Grade News*

Where in the world is second grade!!! Since January, second grade has been studying continents and oceans. Next week, we will finish this unit. The objectives for this unit were to know and label correctly the seven continents and 4 oceans, also to know the names of some major rivers and mountain ranges in the world. Another goal was to experience or learn about some of the different cultures by integrating art and music into the unit. Please stop by the second grade hall and see all the wonderful projects the students have made.

The Wednesday before vacation was our **100<sup>th</sup> Day of School**. Everything we did had to do with the number 100. We wrote stories, we sang songs, and had math activities around the number 100. The children also created a project that had to do with the number 100. They are on display in the room. Whew! Lots of fun and excitement in February!

It was good that we had a little break to get ready for our next fun day—**Dr. Seuss's birthday!!** On Monday, March 5<sup>th</sup> our class will celebrate Read across America Day by snuggling into our pajamas and having reading activities all day long.

In math, we have worked on strategies to add and subtract 2-digit numbers, counted by 2's, 5's, and 10's, as well as counted money. And just in time for the 100<sup>th</sup> Day, we studied the hundreds chart and played games to help us see the patterns on the chart. Before vacation we began a new unit building on place value and addition and subtraction strategies.

**Pelham School  
Spring 2012  
MCAS Testing Schedule**

**March 20-April 2**

**English Language Arts- Grades 3-6**

Monday	Tuesday	Wednesday	Thursday	Friday
March 19	20 <b>Grade 4 Long Composition</b> Grade 3 ELA 9:45-11:30 MEPA pick-up	21	22 Grade 5 ELA 9:45-11:45  Grade 3 ELA 9:45-11:30	23 Grade 5 ELA 9:00-11:00
26 Grade 4 ELA 9:00-11:00	27 Grade 6 ELA 9:00-11:00	28 Grade 4 ELA 9:00-11:00  <i>Makeups as needed</i>	29 <b>Grade 4 Composition Make-Up Date</b> Grade 6 ELA 9:45-11:45  <i>Makeups as needed</i>	<b>30</b>  <i>Makeups as needed</i>
2 <i>Makeups as needed</i> <i>Last day of testing</i>	3	4		

**May 7-22**

**Math-grades 3-6**

**Sci/Tech./Eng. grade 5**

Monday	Tuesday	Wednesday	Thursday	Friday
May 7  Grade 5 Science 9:00-11:00	8  Grade 5 Science 9:00-11:00	9	10  Grade 4 Math 9:00-11:00	11  Grade 4 Math 9:00-11:00
14  Grade 5 Math 9:00-11:00	15  Grade 3 Math 9:45-11:45  Grade 5 Math 9:00-11:00	16  Grade 6 Math 9:45-11:45  <i>Makeups as needed</i>	17  Grade 3 Math 9:45-11:45  Grade 6 Math 9:45-11:45	18  <i>Makeups as needed</i>
21  <i>Makeups as needed</i>	22  <i>Makeups as needed</i>  <b>FINAL DAY</b>	23	27	



DEAR 6<sup>TH</sup> GRADE PARENT/GUARDIAN,

OUR ANNUAL MIDDLE SCHOOL  
ORIENTATION FOR  
PARENTS/GUARDIANS OF INCOMING  
7<sup>TH</sup> GRADE STUDENTS  
HAS BEEN SCHEDULED FOR:

**Wednesday, March 21, 2012**  
**7:00 – 9:00 p.m.**

The evening will include an introduction to the Middle School program and information about electives and course offerings.

This evening is for parents/guardians (not students).

6<sup>th</sup> grade student orientation/visits will be after the April Vacation Week.

We look forward to seeing you.

*Michael Hayes*  
*Principal*

*Betsy Dinger*  
*Assistant Principal*



TOWN OF AMHERST



# Softball Registration



is right around  
the corner!

## **Amherst Girl's softball League Ages 6-12**

This is a recreational league that emphasizes skill development, teamwork, and fun. Practices begin in April, and games will be held in May & June.

**\$89**

2 Divisions:

**Grades 1-3:** Tuesday/Thursday evenings at Groff Park

**Grades 4-6:** Tuesday/Thursday evenings at the Middle School and High School.



## Suburban Tryouts!

### **Suburban Fastpitch Softball Tryouts:**

Tryouts for the summer 2012 Suburban Fastpitch Softball teams will be held at the Amherst Middle School Softball Field according to the schedule below. Make sure to plan on attending BOTH tryout sessions for their age group in order to have the best chance of making the team.

#### **12 U Tryouts:**

Saturday, May 12, 12-2 p.m.

Sunday, May 13, 12-2 p.m.

#### **14 U Tryouts:**

Saturday, May 12, 2-4 p.m.

Sunday, May 13, 2-4 p.m.

Players on 12 U team cannot turn 13 before Jan. 1, 2012.

Players on 14 U team cannot turn 15 before Jan. 1, 2012.



If you have questions, contact Mark Miville, LSSE Sports and Recreation Director at 259-3144 or [mivillem@amherstma.gov](mailto:mivillem@amherstma.gov). Interested in coaching a team for the recreational league? Contact Mark Miville. To register visit [www.lsse.org](http://www.lsse.org).

NOT A SCHOOL SPONSORED EVENT

# It's not too late to sign up for LSSE Indoor "Futsal" Soccer!

**Who:** Boys and Girls ages  
6-11

**What:** 5 Futsal Clinics

**When:** Mondays, March  
12th through April 9th

Grades 1-3: 5:00-6:30 PM

Grades 4-5: 6:30-8:00 PM

**Where:** Amherst Middle  
School Gym

**Cost:** \$69

To register, log onto:  
[www.lsse.org](http://www.lsse.org)

## Futsal



Come learn about Futsal, the only indoor soccer variant sanctioned by FIFA, from Derek Shea. Derek is a former professional player in the USL (United Soccer League) and varsity boys' soccer coach at Amherst High School. Futsal is played with a smaller ball with less bounce than a regulation soccer ball. This is a great program for individuals to sharpen their soccer skills as Futsal helps develop better ball control, passing skills, and technique. From beginner to advanced, the clinics will be geared toward all levels and focus on skills development and having fun!



To register or for more information, call LSSE offices at 259.3065, log onto [www.LSSE.org](http://www.LSSE.org), or contact Mark Miville, Sports and Recreation Director, at [mivillem@amherstma.gov](mailto:mivillem@amherstma.gov).

**Not a School Sponsored Event**

TOWN OF AMHERST



# Youth Flag Football Clinic



For the past two seasons, the Town of Amherst Leisure Services in conjunction with Amherst College head coach EJ Mills, Amherst College Football coaching staff and Amherst Youth Football volunteers have run an instructional program to teach the game of non-contact flag football to boys and girls of *all* abilities in grades 1-6. Coach Mills has been Amherst's head coach for 15 years and has been named the Division II/III New England Head Coach of the Year by the Gridiron Club of Greater Boston, the NESCAC Coach of the Year and the American Football Coaches Association Coach of the Year for this past season. EJ's Amherst College football team finished at a perfect 8-0 for the first time since 1984, and won their first outright NESCAC title.

**Who:** Boys and Girls currently in 1st through 6th grade

**What:** Flag Football Clinic taught by EJ Mills in a fun and interactive environment

**When:** Mondays & Wednesdays  
April 9th through May 2nd

5:00-6:30 p.m.

**Where:** Groff Park  
Mill Lane, Amherst MA

Receive a NFL Flag sponsored jersey if registered by 3/16!

TOWN OF AMHERST



To register or for more info, call LSSE offices at 413.259.3065, log onto [www.lsse.org](http://www.lsse.org), or contact Mark Miville, Sports and Recreation Director, at [mivillem@amherstma.gov](mailto:mivillem@amherstma.gov).

NOT A SCHOOL SPONSORED EVENT

## TAKE & BAKE PIZZA

So tasty...so easy! Your freshly made pizza will arrive on an oven-safe parchment tray in a freezer-friendly bag. Bake it now, adding your favorite toppings, or freeze it for future pizza bliss. Or, enjoy one now and freeze another for a special occasion!



HILLSIDE PIZZA FUNDRAISING

### QUALITY CRUST

Organic flour, organic virgin olive oil, and sea salt: the little things make all the difference.

### CHEESE, PLEASE

A blend of hormone-free Cabot cheddar, mozzarella, and parmesan top all our pizzas.

### GET SAUCY

Choose from organic tomato, savory basil pesto, tangy sundried tomato pesto, and nutty asiago almond pesto.



Large 16" Cheese - \$14



Large 16" Pepperoni - \$15



Large 16" Basil Pesto - \$15



Large 16" Asiago Almond Pesto - \$15



Large 16" Sundried Tomato Pesto - \$15



**3** Cheese Party Pack Medium 13" - \$32



**3** Basil Pesto Party Pack Medium 13" - \$32



**3** Gluten-free Cheese Party Pack Medium 13" - \$36

## \$20 GIFT CERTIFICATES

*Instant support, delayed gratification.* Want to support the group but unable to make the pizza pick-up time? Purchase a gift certificate, redeemable at Hillside's Hadley, South Deerfield, and Bernardston locations.

## COOKIE DOUGH

Enjoy freshly baked cookies whenever you want! Just scoop and bake for dessert, parties, or a midnight snack. Three fabulous flavors made from the finest quality organic and natural ingredients. *Each tub yields three-dozen one oz. cookies.*



Chocolate Chip - \$13



Oatmeal Raisin - \$13



Maple Sugar - \$13

www.HillsidePizza.com  
HILLSIDE PIZZA FUNDRAISING

265 Greenfield Road  
South Deerfield, MA  
413-665-5533

173 Russell Street  
Hadley, MA  
413-585-0003

77 Church Street  
Bernardston, MA  
413-648-0500



## **PTO FUNDRAISER**

### **Hillside Pizza & Cookies**



**Order your pizzas & cookies in time  
for  
March Madness Final Four Weekend!  
and  
Support your School!**

**It's easy. Select your pizza and cookie dough orders from the attached form. Send in the form to the main office with total payment. Make checks payable to the Pelham Elementary PTO. Attach your payment to the order form.**

**Orders with payment must be in to the office by TUESDAY, MARCH 22<sup>nd</sup>.**

**Pizzas and Cookies must be picked up at the Pelham Afterschool on Thursday, March 29<sup>th</sup>, 3:00 p.m. – 5:30 p.m.**

**Hillside Pizza is fresh, local, and organic.**

**Please encourage friends and family to order too!**

**Proceeds go to Parent/Teacher Organization. This year, the PTO organized and/or paid for: Back to School Picnic, Halloween party, Ice Cream Social, curtains for the school stage, snacks for students during MCAS testing, teacher gift cards for supplies, anti-bullying t-shirts, Valentine's Day Dance, and more. If you enjoy these events and items, please support your PTO. Thanks!**

**Contact Ruth Carolan, [rdcarolan@charter.net](mailto:rdcarolan@charter.net), with any questions.**



Let's celebrate National Nutrition Month by focusing on whole foods, or foods that are in their natural state. Recent studies have shown that whole foods provide us with more nutrients than those that are processed.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>SPRING IS HERE!</b> The veggie of the month is <b>SPINACH!</b></p>			<p><b>1</b></p> <p>Chicken Patty on a Whole Wheat Bun Baked Fries</p>	<p><b>2</b></p> <p>Cheese Pizza Fresh Garden Salad w/ Spinach Fruit Choice</p>
<p><b>5 BRUNCH FOR LUNCH</b> French Toast Sticks w/ Sausage(P) Applesauce Baked Tator Tots</p>	<p><b>6</b></p> <p>Macaroni &amp; Cheese Green Peas Whole Wheat Dinner Roll</p>	<p><b>7</b></p> <p>Pasta &amp; Meatballs Fresh Garden Salad w/ Spinach Cinnamon Apples</p>	<p><b>8</b></p> <p>Toasted Cheese Sandwich Tomato Soup Fresh Orange</p>	<p><b>9</b></p> <p>Cheese Pizza Fresh Carrot &amp; Celery Sticks w/ Ranch Dip</p>
<p><b>12</b></p> <p>Chicken Nuggets Steamed Rice Corn Raisins</p>	<p><b>13</b></p> <p>Hot Dog on a Whole Wheat Bun Baked Fries</p>	<p><b>14</b></p> <p>Beef Nachos w/ Cheese &amp; Salsa Brown Rice Green Beans</p>	<p><b>15 ST PATRICK'S DAY MENU</b> Shepherd's Pie w/ Mashed Potatoes Green Fruit</p>	<p><b>16</b></p> <p>Cheese Pizza Fresh Garden Salad w/ Spinach Fruit Choice</p>
<p><b>19</b></p> <p>Mozzarella Sticks w/ Marinara Sauce Steamed Carrots</p>	<p><b>20</b></p> <p>Chicken &amp;/or Cheese Quesadilla Salsa Steamed Rice Corn</p>	<p><b>21</b></p> <p>Chicken Patty on a Whole Wheat Bun Baked Fries</p>	<p><b>22</b></p> <p>Macaroni &amp; Beef Bake Peas Whole Wheat Bread</p>	<p><b>23</b></p> <p>Cheese Pizza Fresh Carrot &amp; Celery Sticks w/ Ranch Dip</p>
<p><b>26</b></p> <p>Chicken Nuggets Steamed Rice Corn Raisins</p>	<p><b>27</b></p> <p>Hamburger or Veggie Burger on a Whole Wheat Bun Green Beans</p>	<p><b>28</b></p> <p>Pasta &amp; Meatballs Fresh Garden Salad w/ Spinach</p>	<p><b>29 SAFARI FOCUS ON WHOLE FOODS</b> Sliced Turkey Sweet Potatoes Brown Rice</p>	<p><b>30</b></p> <p>Cheese Pizza Fresh Garden Salad w/ Spinach Fruit Choice</p>
<p> <b>WE PURCHASE LOCALLY!</b> Produce is purchased through regional suppliers when seasonally available. Visit our website to see all that we are doing to help save the environment! <a href="http://www.Whitsons.com">www.Whitsons.com</a></p>		<p> <b>Visit Our Virtual Cafeteria!</b> Take a tour of our virtual cafe! Drag and drop meal components onto your tray and see nutritional information including, allergens, nutrient facts, etc. <a href="http://www.Whitsons.com/Nutrition">www.Whitsons.com/Nutrition</a></p>	<p> <b>Have Allergies to Gluten, Casein or Soy?</b> Check out NuLife Foods! They offer great tasting, GFCF Foods that help people with food sensitivities to be free. Certain items are available right in your cafeteria! <a href="http://www.NuLifeFoods.com">www.NuLifeFoods.com</a></p>	

**DID YOU KNOW...**

All products sourced by Whitsons contain Zero Trans Fats. ● The majority of the food sourced by Whitsons contain; No HFCS & No Artificial Flavors, Colors or Sweeteners, and we continue to work on this initiative. ● All milk and chicken products are hormone and antibiotic free. ● Meats, condiments and cheeses are all lean or low fat. ● All entrees contain between 500-900 mg of sodium. ● We offer whole grain pastas, rice and bread products.

**LUNCH PRICES**

Reimbursable Lunch Price	\$2.50
Reduced Lunch Price	\$40
Adult	\$3.25
Milk/Chocolate Milk	\$40
100% Juice	\$50

**PREPAID LUNCHESES AVAILABLE**

10 Lunches-\$25.00 20 Lunches-\$50.00  
30 Lunches-\$75.00 40 Lunches-\$100.00

**LUNCH INCLUDES**

Skim Milk, 1% Milk or Low Fat Chocolate Milk / 100% Juice/ Vegetable Choice/ Fruit Choice

**AVAILABLE DAILY**

Whole Grain Bagel w/Butter or Low Fat Cream Cheese / Sunbutter & Jelly Sandwich / Above Lunches Include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

**SEMI-SNACKS CONTAIN**

Fat-7g or less - Sat Fat-2g or less  
Sodium-350mg or less - Sugar-15g or less

**WE OFFER BREAKFAST DAILY**

Don't forget to stop by the cafe for breakfast  
Breakfast-\$50, Reduced Breakfast-\$30, Adult-\$1.00  
Cereal, fruit, juice and milk available daily

Monday- Warm Muffin

Tuesday- French Toast Sticks

Wednesday- Wheat Bagel w/ Cream Cheese

Thursday- Pancakes

Friday- Ham, Egg, Cheese Sandwich

V=vegetarian ● =healthier choice ● P=pork

● If you have a food allergy, please speak to your Food Service Director or Lead Server.

● Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

● Menu is subject to change, notice posted when available.

● If you have any questions or would like additional information regarding this menu, contact your food service director **Rebecca Tierley 413-362-1839.**