



Pelham Press

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<http://pe.arps.org>



Dates to Remember:

Friday, May 4

Saturday, May 5

Monday, May 7

Tuesday, May 8

Friday, May 18

Monday, May 28

Wednesday, May 30

Friday, June 1

Wed. June 6-Fri. June 8

Thursday, June 14

Friday, June 15

Tuesday, June 19

Wednesday, June 20

Thursday, June 21

Friday, June 22

LASAGNE DINNER FUNDRAISER

Town Meeting

PTO Meeting- 6 p.m.

Grade 2 Field Trip- Emily Dickinson Museum

Latino Achievement Awards- 6:30 p.m. ARMS

No School –Memorial Day

Band, Orchestra, and Chorus concert 7pm (Please note date change)

Field Day- all grades

Nature’s Classroom Trip-Grade 6

Bomba Performance- 10:45- Parents welcome!;Grade 1 Field Trip- Fish Lift

Grade 1 Field Trip- Look Park

Mill River Trip- Grades K-5

Grade 6 Musical- 7p.m.

Grade 6 Graduation- **LAST DAY OF AFTERSCHOOL PROGRAM**

LAST DAY OF SCHOOL- Early Release at 1:20, last



Dear Pelham School Families,

The Spring Fair was a resounding success last Sunday! It was a picture perfect day for this festive family event and there was a nice turnout from much of our Pelham Community. Shrieks of delight emanated from the Bounce House and the pony rides were a big hit as well. The food was absolutely delicious and enjoyed by all. I’d like to thank of the families that donated for the gift baskets and food for the event, and most especially to all the parents that organized it. We are very fortunate to have such a supportive community at Pelham School!

We had a nearly empty school for most of the morning today as students in grades one through five attended the performance, “Mufaro’s Daughters” at the UMass Fine Arts center, which was described by many as a phenomenal performance. A huge thank you to the Pelham Arts Council for funding this performance. The sixth grade students made their first official visit to the Amherst Regional Middle School for Shadow Day, which allows them to accompany a middle school student through part of their day and to have lunch there as well. While the rest of these students were away, kindergarten students took advantage to go on a “discovery tour” of the other classrooms to learn about them and draw items of interest. It was a fun and eventful way to end the week for everyone!

The Book Fair held in April generated \$2, 745 in revenue which goes directly towards buying new books for your children in the Pelham Library. Families can make direct donations to the school library at any time, perhaps to show their appreciation for teachers or to the school . You may consider saying thank you to staff and teachers with a tax-deductible gift to the Pelham School Library.

Tonight brings a delicious lasagna dinner that serves as a fundraiser for the sixth grade class to journey to Nature’s Classroom for several days in June. Both fifth and sixth grade students will be the servers for this dinner which is donated by families. I hope to see you all at the Lasagne Dinner!!

Sincerely, *Lisa Desjarlais*

*****PLEASE NOTE CHANGE OF MENU NEXT WEEK- Monday and Wednesdays meals are switched

May 7-22 Math-grades 3-6 Sci/Tech./Eng. grade 5				
Monday	Tuesday	Wednesday	Thursday	Friday
7 Grade 5 Science 9:00-11:00	8 Grade 5 Science 9:00-11:00	9	10 Grade 4 Math 9:00-11:00	11 Grade 4 Math 9:00-11:00
14 Grade 5 Math 9:00-11:00	15 Grade 3 Math 9:45-11:45 Grade 5 Math 9:00-11:00	16 Grade 6 Math 9:45-11:45	17 Grade 3 Math 9:45-11:45 Grade 6 Math 9:45-11:45	18 <i>Makeups as needed</i>

Community News

INTERNATIONAL MIGRATORY BIRD DAY

(recommended for children aged 6-8 and a parent or guardian, younger siblings welcome)

Katie Koerten and Helen Ann Sephton, Hitchcock Center Educators

Saturday, May 12, 10-11:30 a.m.

Free

Pre-registration is not required but is helpful; please call 413-256-6006.

Did you know that May 12 is International Migratory Bird Day? Come celebrate at the Hitchcock Center by joining us for a morning full of learning about our local feathered friends. May is a great time to spot colorful birds that will be returning from their southern migration areas. We will spend time discussing bird basics, like who the local birds are and how to use field markings to identify them. After observing the birds that visit our feeders, we will go on a walk around our conservation area to see what birds are out on the trails at the Hitchcock Center. This event is designed for young children and their families. Children must be accompanied by an adult. Binoculars and bird guides from home are welcome but not required.

IF IT LOOKS LIKE A CAMP, AND FEELS LIKE A CAMP....

Do you need summer care? I will be having 1 week of all day care this summer. Familiar faces staff this popular camp like session, scheduled for June 25 – June 29. The cost is \$185 for each week with a sibling discount. State vouchers are accepted and scholarships are available for eligible families. This fun program, held at the Pelham School, will run from 8:30 A.M. to 4:30 P.M.(with early and late care negotiable). Space is limited, so see Lennie Ware to sign up or for more information. Call 265-3766

Sixth Grade News

We are working hard and making our way through a series of short math units. By now you've seen the unit test on Integers and Rational Numbers, and on Monday we started learning about Probability and Statistics, with the test scheduled for next week. We've got just one unit left, Geometry! We are also taking a look at past MCAS tests to familiarize ourselves with the format, remind us of all we've learned this year, and celebrate how much we know.

We finished our biography unit and had several "visitors" in class performing monologues about their famous lives and asking "Who Am I?" We met Helen Keller, Meriwether Lewis, Amelia Earhart, Louis Pasteur, Charlie Chaplin, Rachel Carson, Julius Caesar, Charles Lindbergh, Ben Franklin, and 11 others. You can see a poster with everyone's picture – including costumes and props – hanging on the bulletin board outside our classroom.

In reading, we've started books about prejudice and discrimination. Many students are reading Mildred Taylor's book, *Roll of Thunder, Hear My Cry* which focuses on the Logan family in Mississippi in the 1930's. In our groups we work on oral reading fluency, reading comprehension, and identifying elements of fiction. The theme of making good choices for yourself, even when others around you aren't supportive is something we will discuss in detail during our health unit, which we will start later in May.

Next week we will examine the debate about delaying the school start time for the middle and high school students. We'll write persuasive pieces that we'll share with our school committee members before their vote on May 22.

There is a lot of excitement in the air as we finish projects and look toward the end of the school year. We visited the middle school today in Amherst, and this week we started play rehearsal. Yet we still have much work to do, including our math MCAS tests which are scheduled for May 16 and 17. Please help your student continue to stay focused on school, with a regular study and sleep schedule. We also continue to need classroom supplies of granola bars and tissues, and would welcome any donations! Thanks for all of your support.

Margaret Light

Request for Pelham After School Care for '12-'13

Parent's name: _____

Summer mailing address: _____

Summer phone number: _____

Email address: _____

Child's name and grade (in Sept.): _____

Sibling name and grade (in Sept.): _____

Desired slots:

Desired slots for sibling:

- | | |
|--|--|
| <input type="checkbox"/> Monday | <input type="checkbox"/> Monday |
| <input type="checkbox"/> Tuesday | <input type="checkbox"/> Tuesday |
| <input type="checkbox"/> Wednesday (counts as 2 slots) | <input type="checkbox"/> Wednesday (counts as 2 slots) |
| <input type="checkbox"/> Thursday | <input type="checkbox"/> Thursday |
| <input type="checkbox"/> Friday | <input type="checkbox"/> Friday |

Tuition is \$40 per slot per month.

Full time care is \$240 per month (Wed. counts as a double slot)

We offer a 10% sibling discount and financial aid is available.

The only checks now due are the deposits for new students of \$50 per child.*
This one time deposit may be credited towards the child's last month of tuition.

Checks payable to: **Pelham After School Program.*

Mail to: Lennie Ware @ 11 Boyden Rd, Pelham, MA 01002

Phone 265-3766 email: clwarepel@comcast.net

SLOT CONFIRMATION WILL BE SENT. MAKE SURE YOU RECEIVE IT !

You will receive enrollment confirmation within 2 weeks of request. Enrollment packets will be received by mid-August and are due back **BEFORE** your child begins attending.

THANK YOU & WE'LL SEE YOU IN SEPTEMBER!

For internal use only

date rec'd _____ deposit rec'd _____ confirmation sent _____

Jillian celebrates National Salad month. It's her favorite time of year to come up with new veggie recipes. Here are some tips on how to serve your veggies: grilled veggie kebobs, veggies with low fat dip, veggie soups and baked potatoes with broccoli and cheese.

DID YOU KNOW...
 All products sourced by Whitsons contain Zero Trans Fats. ● The majority of the food sourced by Whitsons contain: No HFCS & No Artificial Flavors, Colors or Sweeteners, and we continue to work on this initiative. ● All milk and chicken products are hormone and antibiotic free. ● Meats, condiments and cheeses are all lean or low fat. ● All entrees contain between 500-900 mg of sodium. ● We offer whole grain pastas, rice and bread products.

LUNCH PRICES
 Reimbursable Lunch Price \$2.50
 Reduced Lunch Price \$1.40
 Adult \$3.25
 Milk/Chocolate Milk \$1.40
 100% Juice \$1.50

PREPAID LUNCHES AVAILABLE
 10 Lunches- \$25.00 20 Lunches- \$50.00
 30 Lunches- \$75.00 40 Lunches- \$100.00

LUNCH INCLUDES
 Skim Milk, 1% Milk or Low Fat Chocolate Milk / Vegetable Choice/ Fruit Choice

AVAILABLE DAILY
 Whole Grain Bagel w/Butter or Low Fat Cream Cheese /
 Sunbutter & Jelly Sandwich / Above Lunches Include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

SENSIBLE SNACKS CONTAIN
 Fat-7g or less - Sat Fat-2g or less
 Sodium-360mg or less - Sugar-15g or less

WE OFFER BREAKFAST DAILY
 Don't forget to stop by the cafe for breakfast.
 Breakfast-\$1.50, Reduced Breakfast-\$1.00, Adult-\$1.00
 Cereal, fruit, juice and milk available daily

Monday- Warm Muffin
 Tuesday- French Toast Sticks
 Wednesday- Wheat Bagel w/ Cream Cheese
 Thursday- Pancakes

Friday- Ham, Egg, Cheese Sandwich
 V=vegetarian ● =healthier choice ● P=pork
 ● If you have a food allergy, please speak to your Food Service Director or Lead Server.
 ● Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.
 ● Menu is subject to change, notice posted when available.
 ● If you have any questions or would like additional information regarding this menu, contact your food service director **Rebecca Threlky 413-362-1830.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Patty on a Whole Wheat Bun Baked Fries	2 Macaroni & Cheese Green Beans Whole Wheat Bread	3 CINCO DE MAYO CELEBRATION Soft Chicken Taco Fresh Salsa Baked Chips	4 Cheese Pizza Veggie Sticks & Dip Fruit Choice
7 Beef Nachos Cheese & Salsa Rice Corn	8 Chicken Nuggets Mashed Potatoes Broccoli Whole Wheat Dinner Roll	9 Spaghetti & Meatballs Tossed Green Salad Garlic Bread	10 Fish Patty on a Whole Wheat Bun Baked Tator Tots	11 Cheese Pizza Tossed Green Salad Fruit Choice
14 Macaroni & Beef Bake Steamed Carrots Whole Wheat Bread	15 Hot Dog on a Whole Wheat Roll Baked Fries Applesauce	16 <u>Jillian's Veggie Tips</u> Baked Potato Taco Meat Broccoli Cheese Whole Wheat Dinner	17 Hamburger, Cheese-burger or Veggie Burger on a Bun Green Peas	18 Cheese Pizza Veggie Sticks & Dip Fruit Choice
21 <u>Brunch For Lunch</u> French Toast Sticks w/ Syrup Cinnamon Apples Baked Tator Tots	22 Toasted Cheese Sandwich on Whole Wheat Bread Tomato Soup	23 Beef or Bean Tacos w/ Salsa, Cheese & Shredded Lettuce Fresh Veggie Sticks	24 Chicken Patty on a Whole Wheat Bun Steamed Broccoli Baked Fries	25 Cheese Pizza Tossed Green Salad Fruit Choice
28 MEMORIAL DAY NO SCHOOL	29 Mozzarella Sticks w/ a Side of Marinara Sauce Steamed Broccoli Whole Wheat Bread	30 Shepherd's Pie w/ Mashed Potatoes & Corn Whole Wheat Bread	31 Chicken Nuggets Corn Tator Tots Whole Wheat Dinner Roll	The Veggie of the month is BROCCOLINI



WE PURCHASE LOCALLY!
 Produce is purchased through regional suppliers when seasonally available. Visit our website to see all that we are doing to help save the environment www.Whitsons.com



Visit Our Virtual Cafeteria!
 Take a tour of our virtual cafe! Drag and drop real menu items onto your tray and see nutritional information including: allergens, nutrition facts, etc. www.Whitsons.com/Nutrition



Have Allergies to Gluten, Casein or Soy?
 Check out NuLife Foods! They offer great tasting, GFCO/CFR Foods that help people with food sensitivities to be free. Certain items are available right in your cafeteria! www.NuLifeFoods.com

