



Dates to Remember:

Friday, November 11
 Monday, November 14
 Monday, November 14
 Thursday, November 24
 Friday, November 25
 Tuesday, November 29
 Wednesday, November 30

Veteran's Day- **NO SCHOOL TOMORROW**
 Picture Day Make-up
 Original Art Works due!!
 Thanksgiving- **NO SCHOOL**
 Thanksgiving Recess- **NO SCHOOL**
Conference Make-up day- early release 1:20
 Genevieve's Fundraiser Due



Dear Pelham School Families,

This has been a very busy week in falling back into our normal school routines, but it has very good for our students to resume their academic schedules and the consistency that it brings. We hope that the week off was not too stressful on your families and all is well at your home. The teachers spent some time the first day back to let students share and process their week and all the adventures and challenges that it brought. Please let us know if you have any continued hardships as a result of the storm so we can best support your children.

The PTO was committed to ensuring that Pelham School students had an opportunity to make up for the Halloween party that was canceled due to the storm. Last Sunday evening was full of fun and frights for all to be had, and everyone enjoyed the generosity of the PTO in providing free pizza, donuts, and cider. They recognized what a difficult week many families had undergone and wanted to help to alleviate some of that stress. The sixth grade parents and students put together a wonderfully scary haunted house that many children went through multiple times. A huge thank you to everyone that made this evening a success!

Student pictures have arrived today, so please decide over the long weekend whether you are satisfied with the results. Picture make-up day is on Monday and if you would like to have picture re-takes, your child **must** have the set of pictures sent home today to return. You may keep the class pictures. If your child was absent on the original picture day, please plan on having them photographed on Monday as there may be adjustments needed to classroom pictures.

The conference day scheduled for November 1st has been rescheduled to Tuesday, November 29. This will be an early release day and childcare is available from the end of school at 1:20 until 3:00 P.M in After School. The cost for this session is \$6 per child per day and there is a discount for siblings as well as for families that qualify for free or reduced lunch. There is also a 30-minute childcare option for students while their parents are in a conference which is \$2.00 per child, and parents or guardians must be in the building. Please let Lennie Ware know if you are interested at clwarepel@comcast.net

Just a reminder that the Original Art Works order forms are due Monday. Also, the Genevieve's fundraiser has been extended to November 20th and the sixth grade wreath/pointsettia fundraiser is also due now. Thank you to all of the parents who help with these fundraisers. As you may well be aware, these fundraisers directly support the students here at Pelham School.

Sincerely, *Lisa Desjarlais*

*******REMINDER: PELHAM SCHOOL IS A FRAGRANCE FREE ZONE*******

**We have several staff members who are allergic to fragrances.
Please refrain from using perfumes or heavily scented lotions or detergents.**

Kindergarten News

We had a nice, calming beginning to our week, after such a crazy one for most of us last week. Owen's dad came in to read a story to us first thing Monday morning. He told the children that he had chosen the book "Frederick" by Leo Leoni. He explained that the part of the story where the mice are cold and hungry reminded him of his family's experience the past week. And that his family tried to cheer each other up as Frederick did in the story. It was a great opening into a class discussion after Owen's dad left. We all shared our stories about the power being out and what we did. The same theme kept coming up as each child spoke. Someone was kind to them and took care of them when they needed it. This idea of kindness and our experiences with it are bringing us to our next social studies unit, the study of the Native American Indians and the Pilgrims. We will be learning about their ways of life, and how they relate to our lives today. We will end this unit with our own thoughts of being thankful and kind, and what that means to us.

We have started breaking up into small groups during our enhancement time. We are able to have four small groups focusing on various aspects of our K curriculum. It is so nice to see everyone fully engaged in their learning, getting the individual assistance that they need. It feels great!

Now that the fall testing has been completed I am working individually with children during free choice times. What a wonderful way to meet the needs of all our children. We are focusing on both reading, writing, and math skills.

Thanks, Debbie Jacque

Mr. Lipman's Class

Parent Conferences After having completed almost all parent conferences, I am struck by the support and involvement of Pelham parents in their children's education. Children adopt the values of their parents and when parents express interest in their children's schooling, the message of its importance is echoed more loudly. We are a team in maximizing your child's potential and I would like to thank you for your time, input and participation.

Captain Clean We have begun our germ-hand washing unit entitled "Captain Clean." Children will be treated to and perform in several plays about germs, watch germs grow in Petri dishes and conduct experiments to discover the most effective way to wash hands. This is a great way to learn how to stay healthy and I hope that it makes a positive difference in the number of illnesses this year!

Homework Folders Sending a couple of books each days is providing the extra practice to make a significant difference in your child's rate of reading progress. Homework folders continue to be a great success and children seem to be enjoying this new routine. Please contact me right away if the folder goes missing or you have any questions. Thank you for making the time to listen to your child read.

Paul Lipman

Second Grade News

October went out with a bang! I hope everyone was able to keep warm. We have spent time this week talking about our experiences and getting back on track.

This week we began a new unit called Pebbles, Sand, and Silt. We will delve into the different ways rocks are formed and changed. We will do many hands on experiments to study rocks. Any parents that have knowledge about rocks are invited to come to speak to the class. Please feel free to contact me if you are interested in doing a lesson.

We are also learning many new skills and perfecting some old ones in our math class. The children are using varied techniques to help solve addition and subtraction word problems. We have finished our unit assessment where the children had to write an equation, solve the problem, show their thinking, and label their answers. The children did a great job. Our next unit is on geometry. We will study 2 dimensional and 3 dimensional shapes as well as learn their attributes. The children will be introduced to many new vocabulary words such as parallel, vertical, and horizontal lines, quadrilateral, and right angles.

Our fall leaf descriptions have been delayed due to the storm. We hope to have them up soon. We are also learning about where expanders. We will use this technique on our small moment stories.

In reading, we are learning to read for details and answer questions using complete sentences. We are also using the context to find meaning for new vocabulary.

I enjoyed talking to parents during conferences. I am looking forward to meeting with the rest of you. I will be contacting you about a conference time. Thanks for your patience.

Cindy Corey

Hello Pelham families,

Welcome back to school after the “outage” week. The week from October 29 - November 6 was possibly a stressful and/or traumatic event for many families within our school. A traumatic event can be something intense and unexpected that causes serious emotional stress for those involved in it. With understanding and support, the stress reactions usually pass more quickly.

I have heard many stories from children that have also reminded me of the importance of community. There are stories of families taking in others, providing meals and hot showers, and simply sharing resources. These are the times that remind us of how much we each have and how good it feels to help others within our community.

That does not always take away the after effects of the stress that this last week brought to a lot of us. At school, we have all spoken to the children within each class, listening to their stories and giving them an opportunity to share their experiences. Talking, even though it may be difficult, is the most healing medicine.

We continue to attempt to create a safe space at Pelham School where children can express their feelings, define their needs and have an opportunity to ask for what they want from adults.

If you feel that you or your family may need more support because of the experiences of the last week, please look to your friends, family or the school personnel for additional assistance. We all play a role in helping each other cope during difficult times.

Thank you.
Deb King
School Counselor

Learn to Knit Class for Parent and Child (ages 7+)

Instructor: Annie Foley

Class Description: Learn how to knit with your child. In this class, we will make fingerless mittens just in time for the cool weather. Skills covered will be casting on, knitting, purling, increasing, decreasing, binding off and seaming. This class is great for first time knitters and also those who want to refresh their skills and get motivated. If you are interested please call the library to sign up for the class at (413) 253-0657.

Time: The following Monday evenings from 5:30 until 6:30. Nov. 21st, 28th, Dec 5th and 12th.

Place: Pelham Library

Materials: 1 skein of Worsted weight wool and a set of needles to go with it. Materials can be provided for a \$10 fee per student to be paid to instructor. Please email me at afoley@fsinnovations.net if you need me to provide materials or have any questions.

Weekly Knitting Group and Drop-in Knitting Help

Join knitting instructor, Annie Foley, Wednesday evenings from 7 to 8 at the Pelham Library. Come for help with a pattern or technique, refresh your skills, or just to sit and knit with friends. Beginners welcome. The group starts meeting November 16th.

Donations Needed

The learn to knit class needs yarn and needles. If you have any that you would like to donate please bring it to the Pelham Library. Thank you.

This is not a school sponsored event.



Poinsettia and Wreath Sale Pelham School

Please support this fundraiser for the 6th grade trip.

Include cash or check (payable to Pelham School) and return your order to the school office or town library.

**ORDER NOW:
Deadline for orders is
Friday, November 4th**



pick-up

Mark your calendar! Orders will be delivered to the school and available for at 3 pm, Thursday, December 1st.

If you have questions please call Laura Carson @ 256-6919.

Name: _____

Address: _____ Phone: _____

_____ 6" red poinsettias @ \$12 each

_____ 6" pink poinsettias @ \$12 each

_____ 6" white poinsettias @ \$12 each

_____ 8" red poinsettias @ \$20 each

_____ 8" pink poinsettias @ \$20 each

_____ 8" white poinsettias @ \$20 each

_____ 12" frame (standard size) evergreen wreath @ \$12 each

_____ 18" frame evergreen wreath @ \$18 each

_____ red bow for 12" wreath @ \$4 each

_____ red bow for 18" wreath @ \$6 each

_____ Total enclosed (checks payable to Pelham School)

Pelham School Parent Phone Book- 2011-2012

Pelham School prints an all school phone book that many of our parent community members use to contact other families for various reasons, such as school and classroom events. We plan to organize this book soon and are sending this form for parents to let us know what information they would like shared. We are sensitive to confidentiality issues so we will only print the information that you have agreed to share on this form.

Do you want to be included in this phone book? _____

If you would like to be included, please fill in all that you want to be included in phone book below:

Parent Names: _____ (please print)

Address: _____

Home phone: _____

Cell Phone(s): _____

Email Address(es): _____

Signature: _____

Please return this form to your child's teacher or the office by November 16.

DID YOU KNOW...

All products sourced by Whitsons contain Zero Trans Fats. • The majority of the food sourced by Whitsons contain; No HFCS & No Artificial Flavors, Colors or Sweeteners, and we continue to work on this initiative. • All milk and chicken products are hormone and antibiotic free. • Meats, condiments and cheeses are all lean or low fat. • All entrees contain between 500-900 mg of sodium. • We offer whole grain pastas, rice and bread products.

LUNCH PRICES

Reimbursable Lunch Price \$2.50
 Reduced Lunch Price \$40
 Adult \$3.25
 Milk/Chocolate Milk \$40
 100% Juice \$50

PREPAID LUNCHESES AVAILABLE

10 Lunches=\$25.00 20 Lunches=\$50.00
 30 Lunches=\$75.00 40 Lunches=\$100.00

LUNCH INCLUDES

Skim Milk, 1% Milk or Low Fat Chocolate Milk / 100% Juice/ Vegetable Choice/ Fruit Choice

AVAILABLE DAILY

Whole Grain Bagel w/Butter or Low Fat Cream Cheese / Sunbutter & Jelly Sandwich / Above Lunches include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

SENSIBLE SNACKS CONTAIN

Fat=7g or less - Sat Fat=2g or less
 Sodium=300mg or less - Sugar=15g or less

WE OFFER BREAKFAST DAILY

Don't forget to stop by the cafe for breakfast Breakfast-.50, Reduced Breakfast-.30, Adult-\$1.00
 Cereal, fruit, juice and milk available daily

Monday- Warm Muffin

Tuesday- French Toast Sticks

Wednesday- Wheat Bagel w/ Cream Cheese

Thursday- Pancakes

Friday- Ham, Egg, Cheese Sandwich

V=vegetarian • =healthier choice • P=pork

• If you have a food allergy, please speak to your Food Service Director or Lead Server.

• Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

• Menu is subject to change, notice posted when available.

• If you have any questions or would like additional information regarding this menu, contact your food service director *Rebecca Tretley* 413-362-1839.



Hardy loves his breakfast in the morning. He celebrates breakfast with his famous whole grain breakfast bonanza this month. Join him by making half of your grains whole. Try whole grain pancakes; they're Hardy's favorite!

Pelham Elementary Schools

NOVEMBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 (V) Mozzarella Sticks Side Of Pasta w/ Marinara Sauce Seasoned Corn	2 Macaroni & Beef Bake Steamed Carrots Whole Wheat Bread	3 Baked Potato Bar Taco Meat Cheese Salsa Whole Wheat Bread	4 (V) Cheese Pizza Fresh Carrot/Celery Sticks
7 Cheeseburger or (V) Veggie Burger on a Whole Wheat Bun Squash	8 Soft Shell Beef/ (V) Bean Taco w/ Seasoned Meat, Cheese, Salsa & Sour Cream Cucumber Coins	9 (V) Whole Wheat Macaroni & Cheese Green Peas Whole Wheat Dinner Roll	10 (V) Cheese Pizza Romaine Garden Salad w/ Fresh Veggies Fresh Apple	11 VETERAN'S DAY NO SCHOOL
14 Chicken Nuggets w/ Dipping Sauce Green Peas Whole Wheat Bread	15 (V) Whole Wheat Pasta & Meatballs Fresh Green Romaine Salad	16 Hotdog on a Whole Wheat Roll Corn Fresh Apple	17 Turkey Dinner Turkey/Gravy Mashed Potatoes Peas/Squash Cranberry Sauce Pumpkin Oatmeal Cookie	18 (V) Cheese Pizza Fresh Carrot/Celery Sticks
21 Chicken Patty on a Whole Wheat Bun Baked Fries Squash	22 (V) Toasted Cheese Sandwich on Whole Wheat Bread Tomato Soup Fresh Apple	23 Brunch for Lunch (V) Whole Wheat French Toast Sticks Pork Sausage Patty Cinnamon Applesauce Potato Rounds	24 HAPPY THANKSGIVING	25 NO SCHOOL
28 Chicken Nuggets w/ Dipping Sauce Green Peas Whole Wheat Bread	29 Hamburger or (V) Veggie Burger on a Whole Wheat Bun Green Beans	30 Baked Chicken Tossed Green Romaine Salad Fresh Zucchini Bread Fresh Apple	HAPPY THANKSGIVING! The veggie of the month is SQUASH.	



WE PURCHASE LOCALLY!
 Produce is purchased through regional suppliers when seasonally available. Visit our website to see all that we are doing to help save the environment! www.Whitsons.com



Visit Our Virtual Cafeteria!
 Take a tour of our virtual cafe! Drag and drop meal components onto your tray and see nutritional information including; allergens, nutrition facts, etc. www.Whitsons.com/Nutrition



Have Allergies to Gluten, Casein or Soy?
 Check out NuLife Foods! They offer great tasting, GFCFSF foods that help people with food sensitivities to be free. Items are available right in your cafeteria! www.NuLifeFoods.com