



Pelham Press

Vol. 22, No. 16, December 23, 2011

<http://pe.arps.org>



Dates to Remember:

December 26-January 2
Wednesday, January 4
Thursday, January 5
Monday, January 9
Monday, January 16

Holiday Recess
School Council- 7:30 a.m.
School Committee Meeting- 6:30 p.m.
PTO Meeting- 6:00 p.m.
NO SCHOOL- MLK Day



Dear Pelham School Families,

We had a lovely all-school assembly this Wednesday and for the second year in a row, the Pelham Council on Aging was in attendance and treated all students to a holiday treat at the conclusion of the program. Many family members joined us as well for the fun. Fifth and sixth grade chorus students sang several songs, fifth grade students sang a rap about the 13 original colonies, and first and second grade students sang a very lively and unique version of the Twelve Days of Christmas. The whole school was taught a song at the end of the performance and everyone present sang it beautifully in rounds. We thank Emily Samuels, our music and movement teacher for working with our students to prepare for this fun performance.

I would like to alert parents to some problems we have been having with students files and folders being moved around on our school server. Due to the extent and level of the changes being made, we are feeling that these actions have been deliberate and it has caused much confusion and distress amongst students and staff. It is difficult to ascertain when/where this is happening, but we will continue to investigate this issue and have reminded students of the acceptable use contract that was signed and returned at the beginning of the year. I have included some relevant language from the Pelham School Handbook for your information:

“All school computers are to be used in a responsible, efficient, ethical and legal manner. The codes of conduct of the schools apply to Internet activities, and this acceptable use policy should therefore be considered an extension of the behavior codes.

*Individuals who log on to the Internet at school are responsible for all activities while using their account. **Unethical or illegal use of school computers will be cause for disciplinary action, including revocation of network access privileges and or legal action. Examples of such inappropriate uses include unauthorized access into school accounts or private files, destruction of others’ files, harassment of students or staff, introduction of computer viruses, commercial use of the school networks, violation of copyright laws, use of inappropriate language, and transmission of or searches for obscene materials.**”*

Please review these policies with your student again and remind them of their responsibilities in the use of the computers in either the school or library.

We would like to thank Mr. Bruce Klotz for donating many hours of his time and expertise to hang the new Pelham School curtains. This has been a project many years in the making that has finally come to fruition. The PTO and After-School program generously donated funds for the purchase of the curtains, and Pelham School finally has curtains that are beautifully made and can actually open and close!!

Have a safe, restful, and joyous holiday season!

Sincerely, *Lisa Desjarlais*

For the vacation break, and really anytime, please check out these educational and fun web sites:

Web Sites for Kids and Parents

Mathematics

www.aaamath.com

www.coolmath.com

www.funbrain.com

www.aplusmath.com

www.mathforum.org/dr.math/

www.mathleague.com/help/help.htm

www.edhelper.com

Math Practice and activities

Interactive math games

Great site for kids

A+ Math

Ask Dr. Math

Math League help topics

Help for all subjects

Language Arts/Reading

www.funbrain.com

www.merriam-webster.com

www.vocabulary.com

www.superkids.com/aweb/tools/words

www.lexile.com

Language Arts games and more

Merriam Webster Word Game of the Day

Vocabulary activities

Vocabulary builders

Lexile Framework for Reading

These will be posted to the school website soon under the tab "students".

*******REMINDER: PELHAM SCHOOL IS A FRAGRANCE FREE ZONE*******

**We have several staff members who are allergic to fragrances.
Please refrain from using perfumes or heavily scented lotions or detergents.**

Your Help Needed: Mrs. Corey's second grade class is in need of empty oatmeal boxes or coffee cans for an art project. If you could save them and bring them to the second grade classroom by January 10th, she would greatly appreciate it.

News from the Specials Teachers

For the Pelham Press, December 19th, 2011
Emily Samuels

Chorus and Music/Movement Integration

In our November all-school “sharing” assembly, Grade 5/6 chorus sang songs with a food focus; their skill in singing rounds continues to grow. In correlation with their study of germs, 1st grade sang a hand washing song for the school. Thanks to the use of the laptop computer and projector, the whole school was able to join together to quickly learn and sing some Thanksgiving songs. We all enjoyed the feeling of community spirit. Kindergarten songs and movement continue to be related to letter sounds of the week, as well as seasonally appropriate material. Fifth grade has completed creating and is now rehearsing a chant/rap using the names of the 13 colonies. Sixth grade has begun to learn a song that utilizes and reinforces the vocabulary of plate tectonics; it will soon become a contra/circle dance!



December
News from the Art Studio

It is hard to believe it is December already. With the exception of kindergarten, each grade level completed a project using a variety of printmaking techniques. **Kindergarteners** have made patterned snakes using primary colors and learned about transparent, translucent and opaque, to make "stained glass" light catchers. They also completed a pen and watercolor family portrait and a bouquet of flowers, inspired by the artist, Pablo Picasso. **First graders** added embellishments to a stamped robot and viewed work by the artist, Wassily Kandinsky and his use of line and color to show expression. First graders explored line and color mixing to paint abstract line design paintings. **Second graders** completed a relief printmaking project, exploring variations of lines and designs, "carving" into Styrofoam. The second grade prints were then finalized by extending lines and designs off the edge of the print using oil pastels. The results are stunning. **Third grade's** stamped radial symmetry project is on display in the halls. They recently looked at the artwork of printmaker, Wayne Thiebaud. Thiebaud is well known for his monotype prints of cakes and desserts. Third graders practiced drawing 3 dimensional ellipses and blending with oil pastels to create decadent and fanciful layered cakes. For a sculpture project, third graders have constructed wooden animals which will be painted like the traditional Oaxacan animals of Oaxaca, Mexico. **Grade four** artists printed their collagraph prints, added oil pastels for color and mounted their final products. They are now working on three dimensional line designs which have them practicing shading value gradations using colored pencil. **Fifth grade** began a figure study lesson. They constructed their own "mannequin" to aid in drawing the figure in different poses. Following figure sketch practice, they looked at artwork by the sculptor Alberto Giacometti and began their own tinfoil figures in action poses. **Grade six** just completed and mounted their relief prints of animals. Recently they have worked on a collaging project making miniature houses.

I wish you and your families a restful and joyous holiday break and look forward to seeing your children in the New Year.

Sincerely, Ms. Ferro

Recent News From Music Class

12/19/2011

Kindergarten students played a steady beat on different percussion instruments to accompany their singing of the song "Heart Keeps A-beating." They played drums to express the heart beat, guiros for breathing, woodblocks for the clock and jingle bells

for the rain. They also used the bells to accompany the “B section” of Mozart’s “Sleigh Bells” from his German dances, which has an ABA form.

First grade students played the Do and Sol sounds on the tone bells, and percussion instruments to express the knocking and tapping in the song “Who’s that Knocking at the Window?” They also played their selected instruments at the appropriate times to the song “A Sailor Went to Sea” and created movements to the steady beat in the singing game “All Around the Kitchen.”

Second grade students learned about the whole note and whole rest in the Native American chant “Ayo” and filled up the four beat rests by playing the rhythm sticks. They also started to sing simple two part rounds such as “Scotland’s Burning” and “My Paddle.” The first one they also performed with hand jives and body percussion in a double circle.

Third grade students have looked at pictures and listened to the sounds of instruments of the orchestra. They learned about the families of these instruments and sang a round that imitates their sound. They also discovered the form of Tchaikovsky’s “Russian Dance” from the “Nutcracker” and performed movements following the musical sections.

Fourth grade students learned about the opera, discussed the story and listened to the arias of the main characters from Mozart’s “Magic Flute.” They also discovered how cleverly Mozart treated the classical rondo form in his “Turkish March.” They enjoyed using the flowing material strips to express the form of this piece through movement.

Fifth and sixth grade students accompanied their singing of the Brazilian song “La Conga” on the traditional percussion instruments. Mr. A. the student teacher taught a fun chant “Clean Up Your Room!” After learning to say the three parts with the correct rhythm, they stopped the speech and played the parts on the instruments.

Fifth grade students danced the American novelty dance “Count 64” and **sixth grade** students danced the “Mexican Mixer” with a partner change at every turn.

Have a wonderful Holiday Season,

Sincerely,

Ms. Zsigmondi

Instructional Technology

Gaby Richard-Harrington
harrington@arps.orf
413 362-1100

December 2011/ January 2012



Students in the Kindergarten have adjusted well to classes in the lab. They love drawing and have been working in the Lexia program.



Students in Grade 1 have begun with word processing. They are also using Lexia and drawing in TuxPaint, a free download.



Students in Grades 2 and 3 have made continue practicing keyboarding as they move into word processing and graphics. The third grade has also begun a bit of programming with Scratch, a free download from MIT.

<http://scratch.mit.edu>



Students in Grades 4, 5 and 6 have completed capitalization, punctuation, and special characters as we begin word processing and begin to do some programming in Scratch, a free download from MIT. <http://scratch.mit.edu>



Instructional Technology



Website:

www.strategy2design.com/es

Please review with your child(ren) the Pelham School Handbook rules for Internet and network use.

Massachusetts Instructional Technology Standards:

1. Demonstrate proficiency in the use of computers and applications as well as an understanding of concepts underlying hardware, software, and connectivity.
2. Demonstrate responsible use of technology and understand the ethics and safety issues when using electronic media.
3. Demonstrate ability to use technology for research, problem-solving, and communication. Students locate, evaluate, collect, and process information from a variety of electronic sources. Students use telecommunications and other media to interact or collaborate with peers, experts, and other audiences.

National Educational Technology K-12 Standards for Students

1. Creativity and Innovation
2. Communication and Collaboration
3. Research and Information Fluency
4. Critical Thinking, Problem Solving, & Decision Making
5. Digital Citizenship

Community Notes

Champions Night at Amherst Regional High School

Friday, Dec 23rd at 6:30 PM

2010 D-1 State Finalists Amherst Girls Varsity Basketball

Vs.

2010 D-1 Vermont State Champions Rice Memorial from Burlington, VT.

Free Admission to all elementary school students when accompanied by an adult

Special half time presentation for the three State finalist Amherst Girls teams from 2010(softball, tennis, basketball)

Come on down for this night of excitement and celebration of girls athletics!

*** this event is not sponsored by this elementary school

The Revolution Continues

**KIDS DAY
AT THE MULLINS CENTER**



Friday, December 30th, 2011

Doors Open: 5:15 PM

Tip-Off: 7:00 PM

All ARPS faculty, staff, students and families are invited to attend the UMass Men's Basketball game on Friday, December 30th as the Minutemen take on Central Connecticut State at 7:00 PM.

COME EARLY TO EXPERIENCE THE FUN AND EXCITEMENT OF KIDS DAY!
Local businesses and museums will set up stations on the concourse featuring interactive and educational activities.

Participating organizations include:




AND MORE!!!

Tickets are only \$6 per person!

Discounted general admission tickets can be purchased at the Mullins Center Box Office from 5:15- 6:00 PM the day of the game or by calling 413-577-0340 .

Join the Nutrition Safari this month with their exercise "touchdown" plan. They are eating top energy boosting foods like: oatmeal, lentils, bananas, lean beef, almonds and yogurt in order to perform their best.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HAPPY NEW YEAR NO SCHOOL	3 Hot Dog on a Whole Wheat Bun Steamed Carrots Applesauce	4 Fish Sandwich on a Whole Wheat Bun Baked Fries Strawberry Cup	5 Crispy Beef or Bean Tacos Green Beans Fresh Fruit	6 Cheese Pizza Fresh Veggie Sticks w/ Dip
9 Cheeseburger, or Veggie Burger on a Bun 3 Bean Salad	10 Chicken Nuggets Steamed Rice Corn Cobettes	11 Macaroni and Beef Bake Fresh Cauliflower w/ Ranch Dip Cinnamon Apples	12 Toasted Cheese Sandwich w/ Tomato Soup Fresh Fruit	13 Cheese Pizza Fresh Garden Salad
16 MARTIN LUTHER KING JR. DAY NO SCHOOL	17 Chicken Patty on a Whole Wheat Bun Fresh Cauliflower w/ Dip Fresh Orange	18 Homemade Macaroni & Cheese Steamed Peas Whole Wheat Dinner Roll	19 Beef Nachos with Cheese, Salsa, Brown Rice Corn	20 Cheese Pizza Carrot Sticks w/ Ranch Dressing
23 Pasta with Meatsauce or Plain Fresh Garden Salad Garlic Bread	24 Chicken and Cheese Quesadilla Corn Steamed Rice	25 BRUNCH FOR LUNCH French Toast Sticks w/ Sausage (P) Applesauce Baked Tator Tots	26 Cheese Pizza Fresh Garden Salad	27 TEACHER WORKSHOP DAY NO SCHOOL PRE K- 6
30 Mozzarella Sticks w/ Sauce Steamed Carrots Mixed Fruit Cup	31 SUPERBOWL PARTY Hamburger Sliders Salsa/Chips Carrots w/ Ranch Dip Pudding Parfaits	 <p>HAPPY NEW YEAR! The veggie of the month is CAULIFLOWER.</p>		

DID YOU KNOW...

All products sourced by Whilsons contain Zero Trans Fats. ●The majority of the food sourced by Whilsons contain; No HFCS & No Artificial Flavors, Colors or Sweeteners, and we continue to work on this initiative. ● All milk and chicken products are hormone and antibiotic free. ● Meats, condiments and cheeses are all lean or low fat. ● All entrees contain between 500-900 mg of sodium. ● We offer whole grain pastas, rice and bread products.

LUNCH PRICES

- Reimbursable Lunch Price \$2.50
- Reduced Lunch Price \$1.40
- Adult \$3.25
- Milk/Chocolate Milk \$1.40
- 100% Juice \$1.50

PREPAID LUNCHESS AVAILABLE

- 10 Lunches-\$25.00 20 Lunches-\$50.00
- 30 Lunches-\$75.00 40 Lunches-\$100.00

LUNCH INCLUDES

Skim Milk, 1% Milk or Low Fat Chocolate Milk / 100% Juice/ Vegetable Choice/ Fruit Choice

AVAILABLE DAILY

Whole Grain Bagel w/Butter or Low Fat Cream Cheese / Sunbutter & Jelly Sandwich / Above Lunches include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

RENDIBLE SNACKS CONTAIN

- Fat-7g or less - Sat Fat-2g or less
- Sodium-350mg or less - Sugar-15g or less

WE OFFER BREAKFAST DAILY

Don't forget to stop by the cafe for breakfast. Breakfast-\$1.50, Reduced Breakfast-\$1.30, Adult-\$1.00. Cereal, fruit, juice and milk available daily

- Monday- Warm Muffin
- Tuesday- French Toast Sticks
- Wednesday- Wheat Bagel w/ Cream Cheese
- Thursday- Pancakes
- Friday- Ham, Egg, Cheese Sandwich

- V=vegetarian ● =healthier choice ● P=pork
- If you have a food allergy, please speak to your Food Service Director or Lead Server.
- Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.
- Menu is subject to change, notice posted when available.

● If you have any questions or would like additional information regarding this menu, contact your food service director **Rebecca Tretley 413-302-1839.**

Greenleaf Cuisine **WE PURCHASE LOCALLY!**
Produce is purchased through regional suppliers when seasonally available. Visit our website to see all that we are doing to be p.save: [the.environment.com](http://theenvironment.com) www.Whilsons.com

Whilsons **Visit Our Virtual Cafeteria!**
Take a tour of our virtual cafe! Drop and drop meal recommendations and you'll see how nutritional information including, allergens, nutrition facts, etc. www.Whilsons.com/Nutrition

NuLife **Have Allergies to Gluten, Casein or Soy?**
Check out NuLife Foods! They offer great tasting, GFCO/FSC foods that help people with food sensitivities to be free. Items are available right in your cafeteria! www.NuLifeFoods.com