



Pelham Press

Vol. 22, No. 12, November 23, 2011

<http://pe.arps.org>



Dates to Remember:

Thursday, November 24
Friday, November 25
Tuesday, November 29
Wednesday, November 30
Monday, December 5
Thursday, December 8
Friday, November 9

Thanksgiving- NO SCHOOL
Thanksgiving Recess- NO SCHOOL
Conference Make-up day- early release 1:20
Genevieve's Fundraiser Due
PTO meeting- 6 p.m.
Pelham School Committee Meeting
Pelham Spirit Wear orders due



Dear Pelham School Families,

Thanks to the generosity of the Pelham PTO, every student and teacher received a lime green spirit wear t-shirt that says: "Be a buddy, not a bully" before our all-school assembly today. The assembly began with all students parading in wearing their new Pelham spirit wear and as a school, we thanked the Pelham PTO parents who helped to make this project happen so quickly. The program launched with chorus singing two songs for the school about food, which is quite appropriate for this time of year. In addition, each classroom prepared presentations for the assembly around the theme of "Thankfulness". Students in grades K, 2, and 3 shared what they were thankful for, and they were very thoughtful and sometimes surprising. I'd like to share a few: family, food, my blanket, my baby brother, money, food, electricity, oceans, my salamander, wildlife, fudge, knowledge, water, books, the rainforest, and many, many, more. First grade reminded us with a chant how we need to wash our hands and keep healthy. Mr. Lipman informed the school that this chant was a way to appreciate our health. Fourth grade students have been studying Native American and Pilgrim cultures and how they helped each other. They read wonderful poems, shared their thoughts and made collages.

Fifth grade was led by Ms. King in a Thanksgiving rap song which I have included here for you to reflect on:

Sometimes at Thanksgiving
We get distracted by the food
We eat and talk and stuff ourselves
Don't focus on what's good
We want to be so grateful
But we're acting like such fools
We need to share our thankfulness
We'll share it with the school!

Sixth grade had a mural in which students portrayed a scene with pie/ Pi (3.142...) and thoughts of thanks. Sixth grade student, Adin Klotz, amazed us all with his recitation of all the numbers in the number Pi from memory!! The sixth grade students completed their presentation with a lively skit about bullying which sent a clear message to "Be a buddy, not a bully!"

Have a Happy Thanksgiving!

Sincerely, *Lisa Desjarlais*

Quinlan's Quill

Fifth grade is working hard on the Revolutionary War Unit. We are just beginning to delve into the unit; the week off in November has put us behind schedule. My goal is to finish the unit by the holiday break in December. Students are reading about the war in their literature groups. Next week we will be writing expository pieces about the war. Finally, we will be learning the history and watching videos of the pieces that they have learned about. Students should gain a real understanding of the time period of the Revolutionary War.

In Math we are beginning our study of division and statistics. Students will learn how to divide single and double digit divisors in an efficient way. We will also learn about mean, median, mode and range and some fun divisibility rules. We continue to work on general problem solving once a week and specific skills. We have learned Logical Reasoning, Guess and Check and Drawing a Picture. Students will continue to expand their knowledge of problem solving strategies.

I hope everyone has a great Thanksgiving and I look forward to working hard the next four full weeks before the holiday break.

Suzanne Quinlan

Sixth Grade News

The sixth grade added a new student, Conner, to our class last week. I hope you can join us in welcoming his family to our school community. Our presentation at the assembly today included sharing our thankfulness for our family, friends and pets, food, and our education, which students expressed in a clever mural. Another group of students performed a skit to communicate how they've appreciated the anti-bullying program at Pelham School.

In math we are closing in on the end of our measurement unit. We've learned about standard and metric measure, perimeter and area formulas for various polygons and circles, and volume. We'll measure surface area and elapsed time next week, and then start preparing for the unit test.

In language arts we are continuing to work on our capitalization packets and time sequence reading skills lessons. We are revising and editing our written paragraphs that describe our shoes. In reading we have started books about Ancient Egypt, and in early December will visit the Mt. Holyoke Art Museum, where they have artifacts from several ancient cultures.

Our Maps and Globes unit gives us opportunity to work with models. After pondering the size of the Universe, we've learned about our Milky Galaxy, our solar system, and the fact that our Earth rotates and revolves. We surveyed adults about why we have seasons, and found only 37% knew that it's due to the tilt and revolution of the Earth.

Thanks for all your support, and our class hopes you have a good holiday.

Margaret Light

News from the Specials Teachers

Chorus and Music/Movement Integration

In our all-school “sharing” assembly, held in October, Grade 5/6 chorus did a nice job singing 3 songs in a variety of styles. It was our first time standing on the risers, and being in front of an audience was a good experience. The group sang tunefully and with enthusiasm! Grade 4 shared a chant made of Native American words, and added an instrumental component with hand percussion. First grade sang their “Caterpillar” song with great aplomb.

Third grade has begun learning some Spanish language songs, to correlate with their study of Mexico. In Kindergarten, our songs and movement have been related to letter sounds of the week, as well as seasonally appropriate material. Fifth grade is creating a chant/rap to help them memorize the names of the 13 colonies. Second grade will soon be doing some cooperative music/movement activities.

Emily Samuels

News from the Art Studio

Many classes have recently completed lessons in color, watercolor paints and or symmetry. In the next few weeks, all classes will be learning about various printmaking techniques.

Kindergarten artists completed some inventive three dimensional, wooden robot sculptures. These were painted silver and gold and the given embellishments. Many students then drew a picture of their robot and described what there robot could do. Lots of helpful cleaning and money making robots! The past two weeks they completed a lesson on symmetry, gluing and painting wooden shapes in a symmetrical design.

First grade artists have their pen and watercolor family portraits on display. They completed a lesson using scissors, construction paper, symmetry and positive and negative shapes. Most recently they completed a stamped robot using corrugated cardboard, paint and findings.

Students in second grade learned a song about the primary colors. They mixed secondary colors and painted autumn leaves. They then explored tints and

shades, adding black and white to paint monochromatic circles. Most recently they glued and painted wooden shapes in a radial symmetrical design.

Third grade artisans have recently completed two symmetry lessons. The first involved using crayon and paint to make a symmetrical mask, following a preview of African masks. Second they used corrugated cardboard to stamp radial symmetry designs and added color using oil pastels.

Grade four artists explored mixing primary colors to get secondary colors and painted beautiful and large radial symmetry paintings. For a printmaking lesson they have constructed collagraphs, in this case, a cardboard relief which they will then add ink and print.

Fifth graders explored the Fauves, the “wild beasts” of painters. Choosing a variety of farm animals, they drew and then painted, using color as a form of expression. Most recently they are working on a symmetry lesson involving precise cutting techniques, and positive and negative shapes.

Pelham's sixth graders have learned three new watercolor techniques to paint a birch tree landscape. They included masking, painting a wash, and the effects of adding salt. They also began animal sketches for their relief printmaking project which they will be working on for the next few weeks.

I hope you and your families enjoy a wonderful Thanksgiving.

Sincerely, Hillary Wilbur Ferro

Latest News from the Music class

Kindergarten students created motions with their bodies, with rhythm sticks and stuffed animals to express the steady beat. They also practiced the beat through interactive singing games with a partner.

First grade students sang simple songs that contain the “half note.” They looked for the symbol of this note in the score of the songs on the overhead projector screen, and played them on the drums to accompany their singing of the Japanese folk song “Okina Taiko.”

First and second grade students showed their understanding of the ABA form in the Slovakian folk song “The Kite,” by creating motions that express the two beat feel (half notes) of the A section and one beat feel (quarter notes) of the B section of the song.

Second grade students were able to also play the half notes on xylophones and enjoy dancing the American line dance “Alabama Gal” with a partner.

Third grade students accompanied their singing of the English round “Come Follow,” by playing the C Major scale, and the French round “Hear the Bells” by playing simple chords on the xylophones. They had fun singing the scary “Ghost ship” song and dancing the Mexican “La Raspa” with a different partner at each turn.

Fourth grade students performed the Native American “Seminole Duck Dance” describing a duck hunt, and the American novelty dance “Count 64” in music class.

Fourth, fifth and sixth grade students experienced and discussed changing time signatures through reading and singing the Danish folk song “Good Morning” and performing movements to the recording of the folk tune, “Danish Masquerade.” Students discussed accidentals (flats, sharps and natural signs) in the song “Hawaiian Rainbows,” and played the “Echo song on the xylophones.

Fifth and sixth grade students sang the round “Rhythm and Syncopation” by Pat Shaw and performed it on the xylophones.

Sixth grade students created fun moves in small groups to the traditional African American tune, “Way Down Yonder in the Schoolyard” and performed it for their teacher.

My student teacher, Mr. A. treated every class to a fun tuba demonstration.

Ms. Z.
Music teacher

PELHAM SCHOOL PTO MINUTES NOVEMBER 7, 2011

***PLEASE NOTE THAT AN ADJUSTMENT HAS BEEN MADE TO THE MINUTES AND HAS BEEN POSTED TO THE SCHOOL WEBSITE.**

INTRODUCING PELHAM SCHOOL SPIRIT WEAR!

Dear parents,

On Wednesday, November 23rd, your child will receive a “Be a Buddy, Not a Bully” t-shirt, courtesy of the Pelham PTO. This is your child’s Pelham spirit wear shirt, and they are welcome to keep it and wear it to school assemblies, events, and around town!

Beginning this week, we will also be selling additional t-shirts and sweatshirts for adults and children, with the same “Be a Buddy, Not a Bully” logo. This is a Pelham PTO fundraiser, and a portion of the cost of the shirts will support the Pelham PTO. These items will make great holiday gifts for Pelham students, siblings, parents, grandparents, and other family members!!

The order form is below. Please submit your order to your child’s teacher **NO LATER THAN FRIDAY, DECEMBER 9th**. Examples of t-shirt and sweatshirt colors are located in the Pelham lunchroom (hanging on a bulletin board)

PELHAM SCHOOL SPIRIT WEAR ORDER FORM

ITEM	NUMBER	COLOR		SIZE						
		LIME GREEN	CAROLINA (LIGHT) BLUE	S	M	L	XL	2XL	3XL	4XL
CHILD T-SHIRT (\$15.00)										
ADULT T-SHIRT (\$17.00)										
CHILD SWEATSHIRT (\$23.00)										
ADULT SWEATSHIRT (\$28.00)										
TOTAL COST										

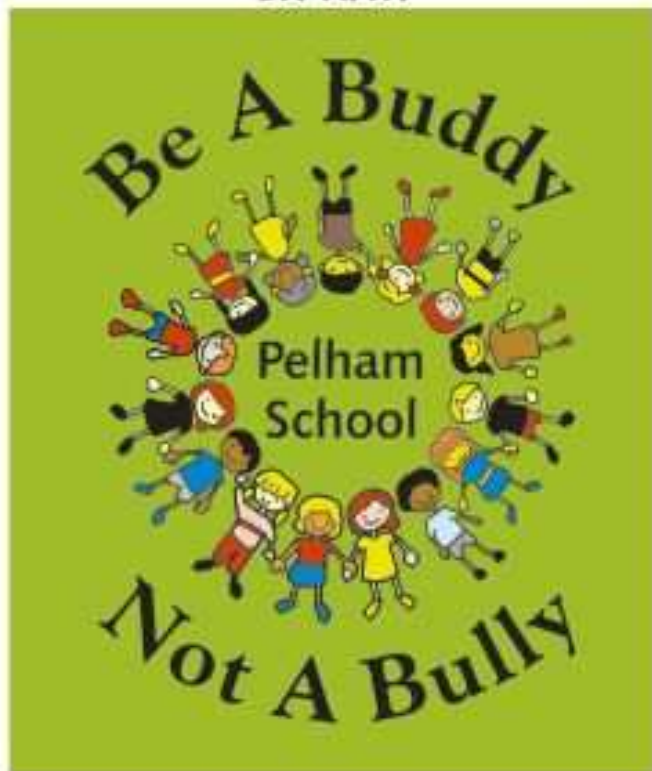
PLEASE MAKE CHECKS OUT TO PELHAM PTO. ORDERS WILL BE DELIVERED TO THE SCHOOL PRIOR TO THE DECEMBER HOLIDAY BREAK (DURING THE WEEK OF DECEMBER 19TH).

PARENT NAME: _____

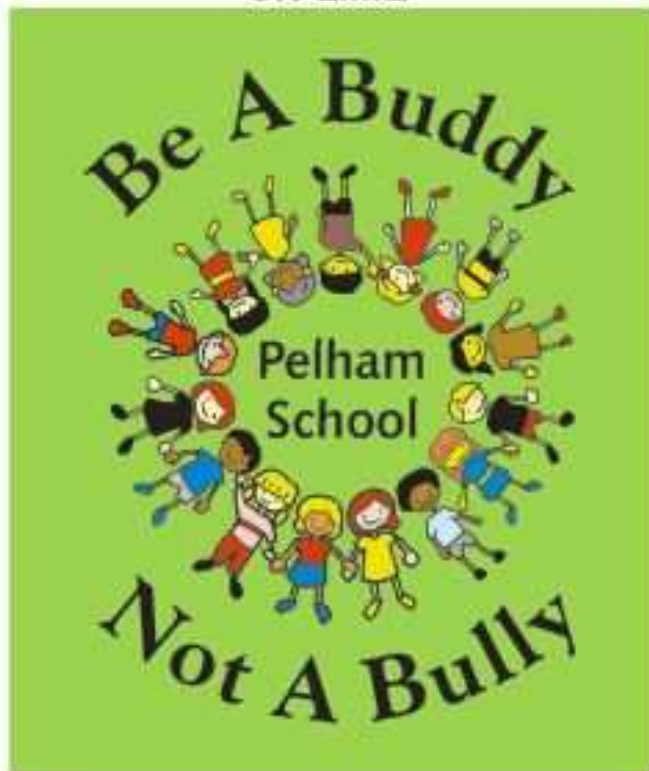
CHILD/REN NAMES: _____

PHONE NUMBER IN CASE WE HAVE QUESTIONS ABOUT YOUR ORDER: _____ **EMAIL ADDRESS FOR US TO NOTIFY YOU THAT ORDER HAS ARRIVED:** _____

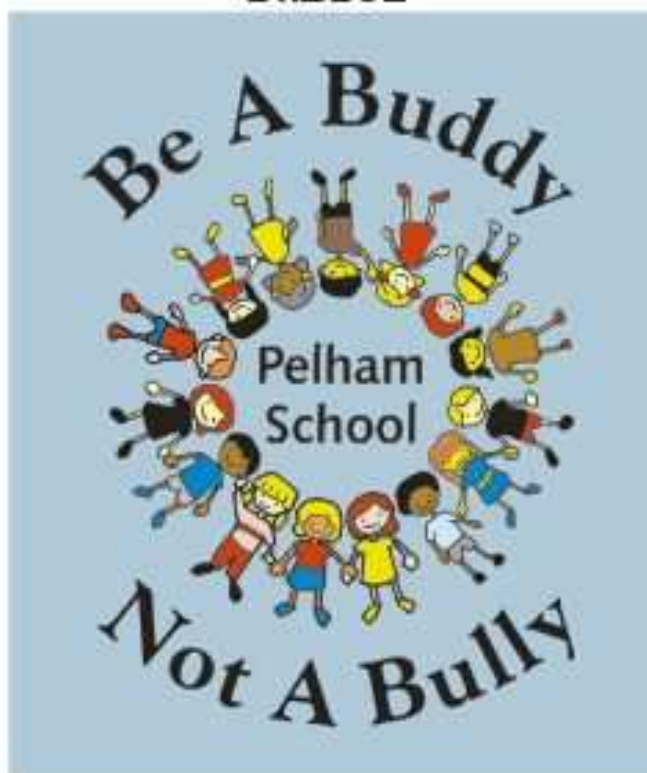
**FULL FRONT 9.5"WIDE x 12.5"TALL 5C(To be priced for 4C per Steve)
SUPER RED, YELLOW, PROCESS BLUE, TAN & BLACK
ON KIWI**



ON LIME



LT.BLUE



DID YOU KNOW...

All products sourced by Whitsons contain Zero Trans Fats. ●The majority of the food sourced by Whitsons contain; No HFCS & No Artificial Flavors, Colors or Sweeteners, and we continue to work on this initiative. ● All milk and chicken products are hormone and antibiotic free. ●Meats, condiments and cheeses are all lean or low fat. ● All entrees contain between 500-900 mg of sodium. ● We offer whole grain pastas, rice and bread products.

LUNCH PRICES

Reimbursable Lunch Price \$2.50
 Reduced Lunch Price \$40
 Adult \$3.25
 Milk/Chocolate Milk \$40
 100% Juice \$50

PREPAID LUNCHESES AVAILABLE

10 Lunches=\$25.00 20 Lunches= \$50.00
 30 Lunches=\$75.00 40 Lunches=\$100.00

LUNCH INCLUDES

Skim Milk, 1% Milk or Low Fat Chocolate Milk / 100% Juice/ Vegetable Choice/ Fruit Choice

AVAILABLE DAILY

Whole Grain Bagel w/Butter or Low Fat Cream Cheese /

Sunbutter & Jelly Sandwich / Above Lunches include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

SENSIBLE SNACKS CONTAIN

Fat=7g or less - Sat Fat=2g or less
 Sodium=300mg or less - Sugar=15g or less

WE OFFER BREAKFAST DAILY

Don't forget to stop by the cafe for breakfast Breakfast-\$50, Reduced Breakfast-\$30, Adult-\$1.00
 Cereal, fruit, juice and milk available daily

Monday- Warm Muffin

Tuesday- French Toast Sticks

Wednesday- Wheat Bagel w/ Cream Cheese

Thursday- Pancakes

Friday- Ham, Egg, Cheese Sandwich

V=vegetarian ● =healthier choice ● P=pork

● If you have a food allergy, please speak to your Food Service Director or Lead Server.

● Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

● Menu is subject to change, notice posted when available.

● If you have any questions or would like additional information regarding this menu, contact your food service director *Rebecca Tritley* 413-362-1839.



Hardy loves his breakfast in the morning. He celebrates breakfast with his famous whole grain breakfast bonanza this month. Join him by making half of your grains whole. Try whole grain pancakes; they're Hardy's favorite!

Pelham Elementary Schools

NOVEMBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 (V) Mozzarella Sticks Side Of Pasta w/ Marinara Sauce Seasoned Corn	2 Macaroni & Beef Bake Steamed Carrots Whole Wheat Bread	3 Baked Potato Bar Taco Meat Cheese Salsa Whole Wheat Bread	4 (V) Cheese Pizza Fresh Carrot/Celery Sticks
	7 Cheeseburger or (V) Veggie Burger on a Whole Wheat Bun Squash	8 Soft Shell Beef/ (V) Bean Taco w/ Seasoned Meat, Cheese, Salsa & Sour Cream Cucumber Coins	9 (V) Whole Wheat Macaroni & Cheese Green Peas Whole Wheat Dinner Roll	10 (V) Cheese Pizza Romaine Garden Salad w/ Fresh Veggies Fresh Apple
14 Chicken Nuggets w/ Dipping Sauce Green Peas Whole Wheat Bread	15 (V) Whole Wheat Pasta & Meatballs Fresh Green Romaine Salad	16 Hotdog on a Whole Wheat Roll Corn Fresh Apple	17 Turkey Dinner Turkey/Gravy Mashed Potatoes Peas/Squash Cranberry Sauce Pumpkin Oatmeal Cookie	18 (V) Cheese Pizza Fresh Carrot/Celery Sticks
21 Chicken Patty on a Whole Wheat Bun Baked Fries Squash	22 (V) Toasted Cheese Sandwich on Whole Wheat Bread Tomato Soup Fresh Apple	23 Brunch for Lunch (V) Whole Wheat French Toast Sticks Pork Sausage Patty Cinnamon Applesauce Potato Rounds	24 HAPPY THANKSGIVING	25 NO SCHOOL
28 Chicken Nuggets w/ Dipping Sauce Green Peas Whole Wheat Bread	29 Hamburger or (V) Veggie Burger on a Whole Wheat Bun Green Beans	30 Baked Chicken Tossed Green Romaine Salad Fresh Zucchini Bread Fresh Apple		



WE PURCHASE LOCALLY!
 Produce is purchased through regional suppliers when seasonally available. Visit our website to see all that we are doing to help save the environment! www.Whitsons.com



Visit Our Virtual Cafeteria!
 Take a tour of our virtual cafe! Drag and drop meal components onto your tray and see nutritional information including; allergens, nutrition facts, etc. www.Whitsons.com/Nutrition



Have Allergies to Gluten, Casein or Soy?
 Check out NuLife Foods! They offer great tasting, GF/CF/SF foods that help people with food sensitivities to be free. Items are available right in your cafeteria! www.NuLifeFoods.com